



HAVELOCK RAIL

SERVING THE GREATER HAVELOCK AREA

May 2026

Edition 83



HBPS STUDENTS EARN HONOURS IN LEGION POSTER COMPETITION

By Erin King

Students at Havelock-Belmont Public School were recently recognized for their success in the Legion Poster Competition.

The contest, held in November, saw students create black and white and coloured posters. Entries were first judged at the Havelock Legion Branch 389 before advancing to the Zone 5 level, which includes Havelock, Norwood, Peterborough, Bancroft and Wilberforce.

Students were honoured during a school assembly on April 13.



All first-place winners advanced to the second round of judging in Norwood, where Emmi Suurnakki placed second in the Black & White Senior category.

School staff say they are proud of all students who participated and represented the school through their creativity and effort.

ZONE 5 AWARD RECIPIENTS INCLUDED:

Colour Jr.

- 1st: Berkeley Turner
- 2nd: Charlee Baldock
- 3rd: Charlotte Wise

Colour Sr.

- 1st: Josephine Johnson and Emmi Suurnakki
- 3rd: Scarlett Thomas

Black & White Jr.

- 1st: Benjamin Kirkpatrick
- 2nd: Landon Jolicoeur

Black & White Sr.

- 1st: Emmi Suurnakki
- 2nd: Madison Burlie
- 3rd: Kamryn Matheson

WHAT'S INSIDE

Check out what's happening in your community

Look for news and updates from local community groups

H-B-M Happenings on page 19

Check out local businesses



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If you have news stories, advertisements, announcements, classified ads or coming events, contact the appropriate email address above or mail to PO Box 660, Havelock, K0L 1Z0

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SUBSCRIPTIONS

The Havelock Rail is distributed free of charge to all K0L 1Z0 postal codes. Distribution outside of our postal district is significantly more expensive so we must charge a subscription fee. If you would like to receive the Havelock Rail in your mailbox, contact us and we can arrange delivery. There will be an annual fee of \$40.00 for 12 monthly editions.

ELMER'S EDITORIAL

We Canadians often think we have a Canadian free press but when we look under the hood a different picture emerges. Postmedia positions itself as a Canadian media outlet with over 130 print and digital outlets. It has an office in Toronto with a Board of Directors but that is where the Canadian part ends. An American hedge fund, Chatham Asset Management (Larry Buchaltor) owns 66% of Postmedia shares. Leon Cooperman, a former CEO of Goldman Sachs owns 14% of the shares and Allianz, a German Insurance Co. owns 19% of the shares. That's 99% of the company!

When Chatham Asset bought Postmedia, A press release offered up the game plan for the company. They announced plans for a reduced work force, closing some newspapers, decreased salaries and consolidating editorial operations. We know they have been following the plan but we need to shine a light on the last objective of consolidating editorial operations.

The Belleville Intelligencer, Financial Post, National Post and of course the Community press are all owned by Postmedia.

Editorials are by nature a matter of opinion of the author including this column but what is happening at Postmedia is American Republican viewpoints are monopolizing the editorial writers' views. They pick up talking points from Fox Media which have a negative attitude toward our universal health care, any Liberal party leader or government and of course supply management. I picked up a recent Community press and of course there was a very negative editorial on supply management written by someone from the National Post. There was no factual analysis of how supply management works.

Regardless of where we get our information, we need to be vigilant about who is reporting or writing the article. Is it based on any facts or is it just spin with the intention of enriching someone or some group in society?



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Cordova Mines Recreation Association

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BOAT LICENSE ALERT, NEW 2026 DEADLINES AND FEES NOW IN EFFECT

By Laurie Deshane

As of January 6, 2026, Transport Canada (TC) officially amended the Small Vessel Regulations (vessels with a combined power of 10 horsepower) or more; to modernize pleasure craft licensing. The most critical update for boaters this year is the transition of "lifetime" or "grandfathered" licenses (those issued before 2010 without an expiry date) into a new mandatory 5-year renewal cycle. If you own a boat, you are now required to renew licensing every five years. There will, of course, be a \$24.41 service fee for all Personal Craft Licence (PCL) applications including new issues, renewals, transfers or duplicates. You must notify Transport Canada within 90 days of any change in ownership. Also new to 2026 is that "wind powered" pleasure crafts (sailboats) over 6 metres in length now require a licence even if it has no motor. Go online to tc.canada.ca to find out your renewal deadline as it is based on the original issue date. Please note that a **Pleasure Craft Licence** is different from a **Pleasure Craft Operator Card** which has no expiry.



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BUILDING UNDERSTANDING: WHAT AUTISM REALLY IS AND ISN'T

By Laurie Deshane

There are still so many misconceptions about autism or autism spectrum disorder, a condition that currently affects 1 in every 50 Canadian children. Boys are 4 times more like to be diagnosed while girls go undiagnosed; possibly as harder to identify in girls. There are so many theories on what causes autism; that it is difficult to separate fact from fear. Autism is partly heritable, partly developmental, and partly learned. It's not a flaw, it's a cognitive style that runs in many families, often alongside strengths like honesty and creativity. Large-scale studies involving millions of children across multiple countries have found **no link** between vaccines and autism. Every major medical, scientific, and public-health body worldwide has stated that vaccines **do not** cause autism. It begins before birth; vaccines don't affect that process. Parents do not and cannot cause autism spectrum disorder. It is fearmongering that dictates the cause and delays the progress.

Here is something interesting: **A single fraudulent study lit the match!** In 1998, a paper by Andrew Wakefield from England, claimed a link between the MMR vaccine and autism. It was later found to be based on manipulated data, funded by lawyers preparing lawsuits, and scientifically invalid. The journal retracted it, and Wakefield lost his medical license. But the seed was planted!

So, lets focus on the developmental condition; as it is not a disease or illness so there is no real cure. Early intervention is essential in the treatment of this disorder. Symptoms begin in the first three years of a child. With the proper support and guidance, autism children live productive, successful lives amongst their peers.

There is really no test for autism. They rely on observations, medical histories and questionnaires to determine the disorder. Signs of autism include: *difficulty understanding social cues* with people: such as reading facial expressions, interpreting tone of voice; understanding body language, knowing when to speak i.e. interrupting or missing the right moment to interject; recognizing unspoken rules like "standing to close". Other signs: *behaviour and routines*: preferring predictability and repetitive behaviour, as well as focusing intensely on specific interests.

There are so many resources available for parents of a child with autism and an early diagnosis is essential. But of course, with every new Ontario budget comes a different funding ratio and autism seems to have fallen short once again. It is crucial that we continue to invest in autism services, because this is about our children's future.



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TOUCHDOWN MAY 2026:

BUSINESS MANAGERS DRIVING TO HAVELOCK FOR THEIR WORK

By Harmen Boersma

Driving along Toronto Street or highway 7, it is easy to locate among others, one clearly identified business building Home Hardware.

James Bell, partner, owner and manager at the local Home Hardware for fifteen years, drives 35 minutes from Lakefield into Havelock five days a week to work at the store. He has had an interest in hardware since he was fifteen years old and worked at the Lakefield and Bridgenorth Home Hardware stores previously.

Since his spouse can walk to work in Lakefield, they have not made the move to reside in Havelock. They raised two grown children together. James has a collection of hundreds of vinyl records which he enjoys listening to as leisure entertainment. When at work James thinks like 'a local man' and is committed to "carry everything that supplies customers needs so the community can shop locally."

Robert Edwards has been a funeral director for 24 years. Born in Northern Ontario, he came South in 1997. He was for 17 years manager of the Hastings Chapel. In 2020 he took over both Brett Funeral Chapels' management at the retirement of Hugh McPhail, his father-in-law. He lives with his wife, Amanda, a registered massage therapist, in Hastings. They raised two children and have a grandchild now. The Havelock Chapel, located on George Street, is the main building for the business with garages around the back. Robert drives daily in and shares the workload with four full-time directors.

When not on call Robert enjoys hunting and boating. His ATV gets used on the Eastern Ontario trails system. He is proud to be a fourth-generation licensed trapper in season for this area. The Edwards are involved in the Norwood Pentecostal Church ministry.

Both experienced managers with their staff are an asset to the residents of HBM.



PHOTOGRAPHER'S CORNER

The Rail invites photographers to submit photos from the Greater Havelock Area for publication to havelockgail@gmail.com.



Kirsten Sobek



Monica de Savoye

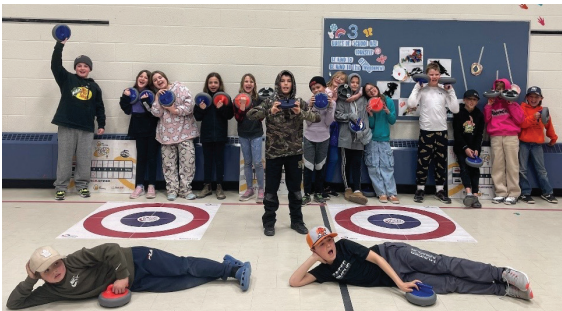


Eric Hanna





ROCKS AND RINGS!



HBPS was thrilled to welcome instructor Maxim from Rocks and Rings, presented by Curling Canada and supported by Egg Farmers of Canada. Over the course of two exciting days, every class from Grades 1 through 6 had the opportunity to participate in this engaging, hands-on curling experience.

Students began each session by learning proper stretching techniques to warm up safely, followed by an introduction to the fundamentals of curling. Maxim guided students through how to keep score and demonstrated a variety of curling shots, including draws, guards, tap-backs, and hits. Students also explored the layout of the “house,” learning about key areas such as the button, 4-foot, 8-foot, and 12-foot rings, and discussed strategic

elements of the game—like the advantage of having the hammer.

The program was not only fun and active, but also supported skill development in teamwork, strategy, and sportsmanship. It was a fantastic opportunity for students to experience a uniquely Canadian sport right here at school!

This enriching experience would not have been possible without the generous support and funding from our School/Parent Council. We are grateful for their continued commitment to enhancing student learning opportunities at HBPS.

HOT DOG DAY!

Every Wednesday, students at HBPS look forward to Hot Dog Day, except for the last Wednesday of each month, when we switch things up with Pasta Day! Our School Council members generously volunteer their time to prepare and serve hot dogs, helping create a fun and welcoming midweek lunch for our students. Hot dogs are available for \$2 each, and all proceeds go directly back into the school, supporting classroom trips, supplies, and enriching programming for our students.

We are incredibly grateful to our dedicated School Council for making this special opportunity possible each week. A special thank you to Ashley Hill and Nakeeta Telford, who are featured in our photo!



We need your help! To continue offering programs like this, we are always looking for new community members to join our School Council. Whether you can volunteer occasionally or take on a more regular role, your time and support make a meaningful difference in our school community. If you're interested in getting involved, please contact Erin King at 705-778-3821, email Erin_king@kprdsb.ca, or join us at our School Council meetings.

DUNGEONS & DRAGONS CLUB SPARKS CREATIVITY



Students at HBPS are diving into imaginative adventures thanks to a new Dungeons & Dragons club led by Grade 4 teacher Mr. Naumann. Open to students in Grades 4–6, the club meets weekly during recess and has quickly become a popular and engaging activity.

Dungeons & Dragons is a storytelling-based game where players create characters and work together to explore fantasy worlds. One player, known as the Dungeon Master, guides the story and presents challenges, while outcomes are often decided through discussion and dice rolls. Through the club, students are building creativity, collaboration, and problem-solving skills, all while having fun. The initiative provides a welcoming space for students to connect, use their imagination, and develop confidence in a supportive environment.



CORDOVA CORNER NEWS

By Laurie Deshane



The **Cordova United Church** will be running a Silent Auction at the church from **Sunday May 3rd until Sunday, June 14th**. Items will be on display

in the church every Sunday from 10:30 until 11am, following the service, for viewing and placing bids. Winning bidders will be notified after June 14th. They are also accepting donations which can be dropped off at the church between 10:30 and 11:00 am Sundays. Come support your community church!



On Saturday, April 4, **Cordova Mines** welcomed a very special guest, Peter Cottontail! He scattered eggs all around the park, sending more than 30 kids off on an exciting hunt. The day was filled with fun, crafts, treats, and music! Fun was had by all the kids, but the adults enjoyed it too!! They enjoyed crafts, colouring contest and music. Snacks and drinks were provided!

A gentle reminder that **turtles** are on the move and nesting near road edges this time of year. Please watch for them when driving and slow down



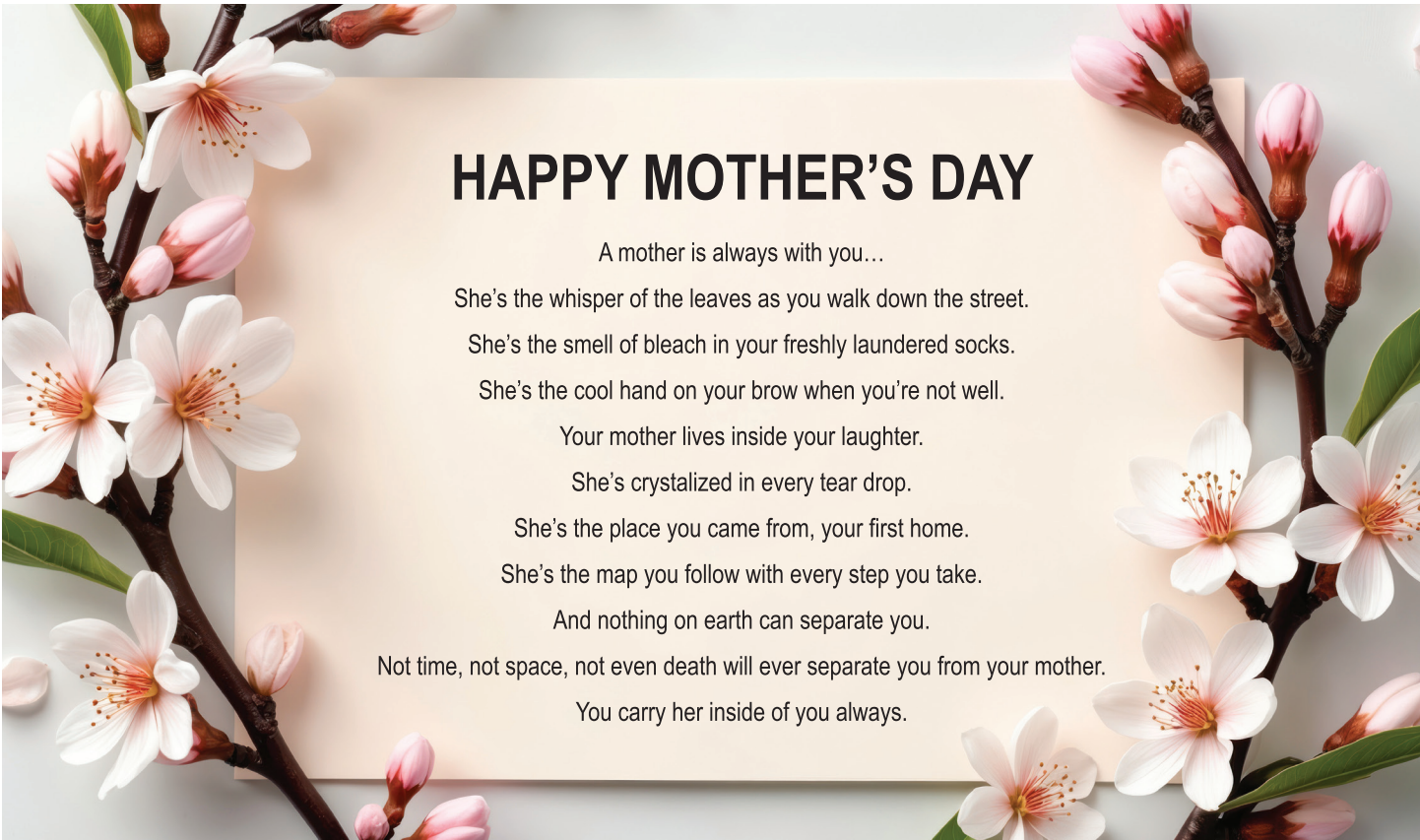
when you see them. Your attention behind the wheel can save a life. If you see them crossing and in danger; please move them to the side of the road in the direction they were heading. Let's protect our wildlife!

The **Cordova Mines Recreation Association** will be hosting their infamous "Italian Night" dinner on **Saturday May 23rd** at 6:00 pm. Tickets are \$20.00 and can be ordered by contacting Nancy at 613-472-2225 or at getclancy@xplornet.com. This is one meal you won't want to miss! Enjoy classic favourites like lasagna, spaghetti, Caesar salad and garlic bread. And, of course no Italian meal would be complete without a decadent rich tiramisu to finish it off!

The **Kidz Club** this month will be held on Thursday, May 21 at the Cordova Mines Hall! This new program, launched by the **Cordova Mines Recreation Association** has already been a great success; bringing kids together in a supervised, fun space where they can meet new friends and enjoy awesome activities, games and snacks.

I want to give a shout-out to all the mothers who never ever, stop being a mother! Mother's Day may be celebrated on May 10, but truly our mothers deserve to be celebrated every single day. **Happy Mother's Day** to all the wonderful mothers, every single day!





HAPPY MOTHER'S DAY

A mother is always with you...

She's the whisper of the leaves as you walk down the street.

She's the smell of bleach in your freshly laundered socks.

She's the cool hand on your brow when you're not well.

Your mother lives inside your laughter.

She's crystalized in every tear drop.

She's the place you came from, your first home.

She's the map you follow with every step you take.

And nothing on earth can separate you.

Not time, not space, not even death will ever separate you from your mother.

You carry her inside of you always.



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FOOTE ON FILM

By John H. Foote

DUVALL'S TEN BEST PERFORMANCES

Often hailed as the greatest American actor throughout his seventy year career. The New York Times once hailed him as "the American Olivier" which would have angered Duvall. He candidly criticized Olivier, and the British acting system, he did not care for Olivier's hammy work. Duvall felt realism and the quest for truth to be essential.

The passing of acting great Robert Duvall leaves a gaping hole on the list of greatest living actors. Meryl Streep is a good choice, as is Daniel Day Lewis but I dare say Duvall will be hard to replace, if in fact it can be done.

For sixty years his work on film and television was undeniable remarkable. Sanford Meisner, the acclaimed and beloved acting guru once said "There are two great American actors, the first is Brando who is past his prime. The other is Robert Duvall."

Meisner said that around 1965 when he had not yet exploded as he did in the seventies. Brando would come back in The Godfather (1972) which ironically was the film that made Duvall a star, placing him on the path to greatness.

Through the years 1972-2022 he was an active actor, both lead and supporting, and leaves the world as one of the few actors to give more than five weak performances.

I was fortunate to meet and spend time with Duvall, a time I will forever treasure. He laughed easily, he was brutally honest and Frank, and praised those he admired. I admired him and he loved that I, as a critic, had studied to be an actor, became a director, directed forty two plays and taught Method Acting.

Going through his array of great performances here are his ten best.

1. THE APOSTLE (1997)...Duvall directed, wrote and starred in this film and produced the picture with his own money, a bold, gutsy move. As Sonny, a man ferociously possessed by the Holy Spirit he commits murder before heading into the backwater lands of the Deep American South where he channels his furious energy into creating a church. Duvall is miraculous as the always moving, always talking preacher. This is one of the greatest performance ever put on film, Duvall is near volcanic as Sonny, and the cast around him Farrah Fawcett, Billy Bob Thornton and Walker Goggins are superb. Duvall took a slice of life from the American South and from it forged art.

2. LONESOME DOVE (1988)...he told me "the British can have their Hamlet and Macbeth, I played Augustus McCrae" and he was content with that. As the lazy, brave, fearless, wise old Texas Ranger he was sublime. His scenes with Tommy Lee Jones spoke to a deep, abiding friendship we should all have. His adoration of Laurie was lovely to watch and we wept when he died in the film. Spectacular. his love for women, whiskey, and above all life, is simply a joy to watch. Gus is alive, his eyes sparkle with it right up to his moment of passing.

3. APOCALYPSE NOW (1979)...His confident, swaggering Colonel Kilgore struts on the beach after a morning attack talking of how he loves the smell of napalm in the morning. Utter madness but try and take your eyes off of him. Bullets whiz past, bombs go off and he never blinks nor flinches. Nothing can touch him and he knows it. He lives for war...terrifying. His last line before stomping off to combat is said with sadness and regret, "Someday this war's gonna end." As great a film as it

is, it never quite recovers from Duvall.

4. THE GODFATHER PART II (1974)...a quiet haunting study of pure loyalty as Tom Hagen continues as lawyer to Michael Corleone after the Corleones have moved to Las Vegas. Left in charge of the mafia family after an assassination attempt on Michael fails, but when Michael returns he is not pleased with how Tom handled things. Yet still they are side by side at a Congressional investigation into Michael, where his loyalty, even when insulted is paramount.

5. OPEN RANGE (2003)...This surprising western directed by Kevin Costner was a hit and well reviewed the summer of 2003, with Duvall's aging free grazer Boss Spearman a stand out. Fearless, honest, he takes on the crooked wealthy cattle man and with Costner's gun fighting skills conquers all. The friendship between the two men is beautiful to behold, and the admiration the younger gunfighter has for Boss is that with a son would have for their father.

6. TENDER MERCIES (1983)...a gentle quiet film for which Duvall won his Academy Award for Best Actor. As a washed up country and western singer fighting the bottle, he is superb as Mac Sledge who gets redemption in a young mother and her son. With a second chance he starts writing songs again, even sings some of them and very well in fact in a mournful, reedy voice. The film plays like a country song, everyone is hurtin', Duvall is astounding.

7. THE GODFATHER (1972)...in his first go round as Corleone lawyer, adopted son, Duvall is magnetic throughout, often without speaking a word. He watched, he makes decisions, he offers advice, but very much in the background. As Tom Hagen, he very much knows his place and is highly trusted by the godfather himself, Vito Corleone. Duvall landed his first Academy Award nomination for his work and win the coveted New York Film Critics Award for best supporting actor.

8. BROKEN TRAIL (2006)...Another western made for television, Duvall won another Emmy for Best Actor as the boss of a wagon train who against formidable odds escort a group of Asian women across the violence prairie to ether, safer lives. Duvall is superb as a stoic, decent man ready to give his life for doing the right thing. Once again as the aged, wise older cowboy he is courageous and the voice of reason. A towering subtle performance.

9. THE GREAT SANTINI (1980)...As Bull Meechum, Duvall seems to leap from the pages of the superb Pat Conroy book, perfectly brining this difficult character to life. He is a bully, but a loving husband and father lacking the tools to show that love. He is a warrior, a fighter pilot without a war to fight, so he fights everyone around him. His son is his usual target, as Meechum fights to make his son a man, the only way he knows how. He is electrifying.

10. STALIN (2001)...Duvall told me during an interview that the role Russian dictator Josef Stalin was the greatest challenge of his career. A lengthy make up job transformed Duvall into Stalin but it was through the eyes he conveyed who Stalin was. Stalin means "Stella" in Russian and that steely gaze becomes an imposing, dangerous weapon in the actors hands. He is alarming as Stalin, cruel, ruthless, evil yet believes he is right in doing what he does. When did the systematic massacre of his own people become correct?

John Foote, a local resident, a world renowned author and film critic will be contributing a monthly article on films to the Rail. We thank John for helping bring film news to our readers.

THE HAVELOCK CENTRE

By Larry Pick

Recently I had the pleasure of meeting with the new directors of the Havelock Centre, Bev and Pete Graham. I have to say that this energetic team is a great addition to the Centre which is located at 30 George in the former Havelock Pentecostal church. I would like to share my enthusiasm for the work that Bev and Pete have and will be putting into the growth of this important community resources.

Programs include regular play group on Thursday mornings; Youth cooking classes on Tuesday in the early evening; Men's night group programming and Ladies Coffee Connection; and the Youth Alpha program on Tuesday evenings. More to come!

These programs represent an overview of the calendar of events and programs. Also on the calendar are Open mic nights a couple of times per month and special events such as school PA Day camp, the Easter Egg hunt on April 4 and an Easter Service on Sunday the 5th.

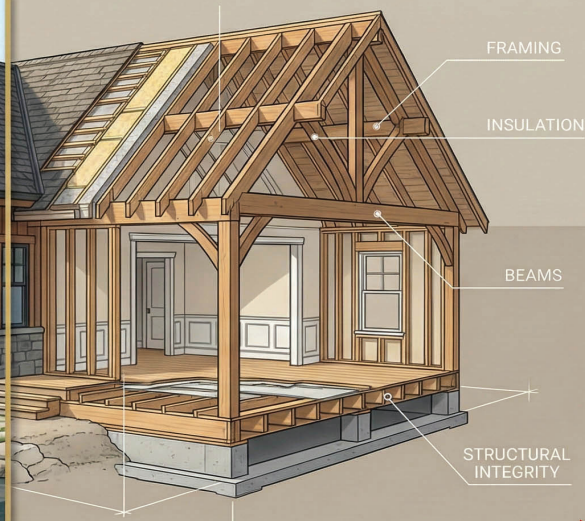
Twice a month the Centre offers the "Second Harvest". This program provides an opportunity for folks to pick up nutritional food donated by the two local Foodland stores. Residents of Havelock are invited to go to the Centre to take part in this program (call 705-803-1803 for information).

The Centre relies on donations for the operation of the programming. Norwood Pentecostal Church looks after "keeping the lights on" and recurring donors fund staffing. Inquiries regarding financial or "in kind" donations are welcome by calling Bev at the Centre (705-903-1803) or email (havelockcentre@outlook.com). The Centre can also be contacted for anyone interested in Volunteer opportunities that may exist.



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HAVELOCK FARMER & ARTISAN MARKET RETURNS

The Havelock Farmer & Artisan Market will be back for their ninth season starting on May 15th and run every Friday until October 9th.

Vendor application is open online at Havelock Ontario Farmer & Artisan Market. The Ontario part is important because there is a Havelock Farmers Market in North Carolina. Last year we received a phone call from a vendor in North Carolina who was loaded up with produce and wanted directions to the market!

Vendors can register on line. Deadline has been extended.



CORDOVA KIDZ CLUB
Fun • Friends • Free

Every Third Thursday of the Month
6:30 – 8:00pm Ages 5–13

Join us for an evening packed with fun activities for kids, including

-  Crafts
-  Game Nights
-  Baking
-  Dances
-  And More Surprises Every Month



Cordova Kidz Club is a safe, welcoming space for kids to make friends, get creative, and have fun in our community!

 **Location: Cordova Mines Community Centre**

For more information and monthly updates, follow us on Facebook or Instagram, or check out our website www.cordovaminesrec.ca

WHAT IS PAINT?

By Gene Canning

Of course we all know what paint is. It's something we buy in a can at the hardware store based on paint chips that are in at least a million colours. Simple eh. We usually don't stop to think how it is made. Well, this article will brighten your day (colour pun in case it wasn't obvious).

The definition of a paint pigment is a finely ground group of particles that provides colour, opacity and texture to paint by reflecting specific wavelengths. They are suspended in a binder which holds the pigments together. That is the key here; the binder.

For artists, there are quite a few mediums to choose from. Oil, watercolour, acrylic, egg tempera, fresco and pastel for example. All start from powdered organic, or chemically created pigment. Something is added to these pigments in-order to make our paints. Dyes are the exception. I know you are dying to know more. Sorry, another sad pun.

Let's start with fresco. Remember Michelangelo from the last article? He painted the Sistine in the fresco method. A thin coat of plaster was placed on the surface and as it set, dried pigment was painted into the damp plaster. This makes the two bind together. What bindeth together let no

one taketh apart. That one was too irresistible. For murals, the paint is applied on a dried surface so it doesn't bond as completely.

For oil paint, oil is added to the pigment; usually linseed oil, but not always. These need to be diluted and cleaned with a solvent such as turpentine. Watercolour pigments are bound together with gum arabic, water and honey. Acrylic paints use a synthetic polymer. Each of these mediums are diluted and cleaned with water. Pastels and polychrome pencils (fancy way of saying pencil crayons though artist grade are much more refined) use either oil or chalk-based binders.

The last one I'll mention is egg tempera. It has been used since ancient times including on Egyptian sarcophagi. It uses egg yolk as it's binder. You know sticky eggs can be. Well they put it to good use. There was an artist in the early 15th century, named Cennino Cennini who wrote an art recipe book. He talks about getting your eggs from a certain village because they had more of a yellow tint to them. He really flipped for his eggs. Sorry, couldn't resist.

And now you know...

LIBRARY NEWS By Nancy Law, Havelock-Belmont-Methuen Public Library

The month of May is generally the start of gardening season. At the Havelock and Cordova Libraries we can help get you started. We have many gardening books that are great for our area. We have Annuals for Ontario, Perennials for Ontario, Tree & Shrub Gardening for Ontario and Tough Plants for Tough Places just to name a few. We also have books on making outdoor furniture, decks, and gazebos. Maybe you would like to try something new and make Bent Willow Furniture.

Mark this down in your calendar that the Havelock library is having a book sale on Saturday May 23 from 10:30 to 1pm

New on our shelves is Bloodlust by Sandra Brown and the new book in the Finlay Donovan series Finlay Donovan Crosses the Line.

We all know about kid's time on computers, but what about educational time. We have some data bases that promote children's and adult learning. There is EyeDiscover which is an online resource that has 170 titles to choose from, that young and struggling readers can use the optic read along titles to increase comprehension and ability.

Readers can listen at their own pace while they read and view video content to support their learning, you can also explore and enjoy. Just for Kids, which has the educational videos children want to watch for example Sesame Street, The Berenstain Bears, Franklin, and thousands more—plus songs, games, and other interactives that are sure to entertain, educate, and inspire young kids. There are different categories such as science, math, world languages (including sign language), reading & writing, arts & music, plus so much more. We even have the Britannica Library which is good source for resource and is easy to use.

Please check out our webpage at hbmlibrary.on.ca, our Havelock Cordova Libraries Facebook page or drop into the libraries for more information. Don't forget to sign up for our newsletter.

ENVIRONMENTAL TIP OF THE MONTH

By Lorraine Roulston

BREWING COMPOST TEA: By brewing compost tea, gardeners can enhance the efficiency of compost. This water extract is loaded with soluble nutrients packed into living bacteria. To create this tea, place a shovelful of mature compost into a sack and suspend it in water for a few days. Stir occasionally to add oxygen. Water plants at ground level. Dilute, if it is darker than amber.

COMMUNITY PRESS DISTRIBUTION — AND WHAT YOU CAN DO ABOUT IT

By Sandra Caswell

If you've noticed copies of the Community Press left on roadsides or in gutters this winter, you're not alone. If you'd prefer to stop delivery—whether to your driveway or mailbox—you can do so by contacting Jim at the circulation department at bvcirculation@gmail.com.

According to the Community Press, they have already asked their delivery drivers to avoid leaving papers where they may become litter. However, if you continue to see discarded copies along local roads, consider reaching out by email; they are responsive and willing to address concerns.

With Earth Day approaching, it's a good time for all of us to do our part to keep our community clean and support a healthier local environment.

SPORTS

BLAST FROM THE PAST

By Brooke Wrightly



I believe this is our 1977-1978 Bantam Team

Left to right back row to front: Bill Reynolds (?), Reg Pollock, Todd Mathews, Steve Watson, Steve Jewett, Jody Patterson, Kevin Morley, Frank Roffey, Jeff Cooper, Don Cassan, Larry Pollock, Jeff Spooner, Mike Roffey, Darryl Rodgers, Andy Barrons, Tommy Barrons (goalie in front).

HAVELOCK HAWKS HEADLINER By Keri-lyn Toms



U9 - B Division Finalists



U11 - I Division Champs



U13 - H Division Finalists



U7 Jamboree



U18 - C Division Finalists



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RECIPE

BLUEBERRY MUFFINS

By Kathy Clement

Ingredients:

Streusel:

- 4 tablespoons all-purpose flour
- 3 tablespoons packed brown sugar
- pinch salt
- 4 teaspoons unsalted butter , melted and slightly cooled

Muffins:

- 2 cups all-purpose flour
- 2 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 1 cup granulated sugar
- 1 tablespoon lemon zest
- 2 tablespoons lemon juice
- 1/2 cup unsalted butter , softened
- 2 eggs
- 2/3 cups 2% milk
- 1 1/2 cup blueberries , divided



Preheat oven to 400°F. Line 12-cup muffin pan with paper liners.

Streusel: In small bowl, stir together flour, brown sugar and salt; using fork, stir in butter until moistened.

Muffins: In bowl, whisk together flour, baking powder and salt. In large bowl, using fingers, rub together sugar, lemon zest and lemon juice. Using electric mixer, beat in butter until fluffy; beat in eggs, 1 at a time. Scrape down side and bottom of bowl. Stir in flour mixture, alternating with milk, making 3 additions of flour mixture and 2 of milk. Stir in 1 cup of the blueberries.

Divide batter among prepared muffin cups. Sprinkle remaining 1/2 cup blueberries over top, pressing slightly. Sprinkle with Streusel. Bake until cake tester inserted in centres comes out clean, about 19 minutes. Let cool in pan on rack for 10 minutes. Remove from pan; let cool completely.

SILLY DAYS OF MAY

By Laurie Deshane

It's interesting when you begin to investigate the different "days of each month". Feel free to indulge yourselves during the month of May with these odd and amusing "Days"

- May 1** Save the Rino Day; **May 2** Brothers and Sisters Day;
May 3 Lumpy Rug Day; **May 4** National Candied Orange Peel Day;
 same day as Bird Day; **May 6** No Diet Day as well as Nurses Day;
May 9 Lost Sock Memorial Day; **May 10** Clean Up Your Room Day;
May 11 Eat What You Want Day; **May 13** Frog Jumping Day;
May 14 Dance Like A Chicken Day; **May 15** National Chocolate Chip
 Day; **May 16** Love a Tree Day; **May 18** No Dirty Dishes Day;
May 23 Lucky Penny Day; and not to forget, **May 29** Flip Flop Day!

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BELMONT-METHUEN AND HAVELOCK HISTORICAL SOCIETY



Left to Right: Annie Seabrook (Toms) Born 1902– Mabel Seabrook (Dunk) Born 1903 – Lila Seabrook (Ellis) Born 1899

These young ladies are members of the Dave and Flora (Toms) Seabrook family. The Seabrooks farmed on Concession 6 and all three attended the Rush Point school on Round Lake Road. After leaving school, the sisters helped their mother to bake pies, bread and biscuits. While still dark, Annie and Lila left the homestead with a wagon or sleigh packed with these goods. Carrying lanterns, they walked six kilometres to the original Conc. 6 entrance to the Ontario Rock Company of Belmont Township. There they prepared a hearty breakfast for the miners. Their pay of \$17 per day had to cover all the costs of the entire Seabrook family. Earning a living was not easy in those days.

If you would like to hear more about early life in the township, why not drop in on Saturday, May 16th between 10am and 2pm? Perhaps you have your own stories to share?

COUNCIL MEETING HIGHLIGHTS

REGULAR COUNCIL MEETING SUMMARY - TUESDAY, MARCH 17, 2026

- Council approved Zoning By-law Amendments for: Part Lot 9, Concession 8 - 244 Kasshabog Lake WAO (Yvette Imbleau), Part Lot 26, Concession 3 - 88 Cordova Lake Water Access Only (Dan Ilson) and Part Lot 24, Concession 9 - Part 2 on Plan 45R-17966 (Rosemarie Marsh).
- Council received the proposed site plan control agreement for the property located at 9351 County Road 30 for information.
- The Deputy Mayor noted that MPP Dave Smith announced approved funding for Municipal Ice Storm Assistance Program (MISA) relating to the March 2025 ice storm. Deputy Mayor Webb indicated that Township of HBM will receive \$79,000 in funding.
- Council members stated that they are in opposition of the current plan for a high-speed train as proposed by Alto.
- Mayor Martin indicated that there will be changes coming to the Conservation Authorities noting that the Conservation Authorities boundaries have been adjusted due to organizational amalgamations and refined in the provincial government plan (from 7 to 9 conservation authorities).
- Deputy Mayor Webb and Councillor Flagler were appointed to represent Council and meet with representatives of Peterborough Housing Corporation to explore a potential partnership opportunity for the development of a Medical Clinic at the Smith Drive property.
- Council directed staff to proceed with the issuance of a Tender for an update to the Economic Development and Tourism Strategy.

REGULAR COUNCIL MEETING SUMMARY - TUESDAY, APRIL 7, 2026

- Council approved the award of Request for Quotation - #PRF-2026-01 - Ball Park Booth (Canteen) Operation for the 2026 Season in the amount of \$300.00 to Tom and Danielle Moffatt.
- Council approved the award of Tender – Contract No. 2026-02 for the Rehabilitation of Unimin Road to Drain Bros. Excavating Ltd. in the amount of \$799,193.78 (including non-refundable HST) and directed staff to contact Covia to request a financial contribution for the Rehabilitation of Unimin Road.
- Council denied the Community Grant application from the Belmont Methuen and Havelock Historical Society and directed staff to schedule a meeting with the Belmont Methuen and Havelock Historical Society to discuss potential alternative fundraising options.
- Council directed staff to investigate potential grant opportunities to cover the cost of the Seabrooke Monument Plaque.
- Councillor Doherty reported that three (3) dates have been chosen for the “Cram the Cruiser” events and that the events will take place at the Havelock Foodland.
- Council passed a written notice of motion in opposition of the current plan for a high-speed train as proposed by Alto.
- Deputy Mayor Webb noted that the Fishing Derby will be held on May 23, 2026, at Rotary Park.



FIND THE BEACH BALL:

Find the five beach balls in the ads of our supportive advertisers and send your answers to ottleydeb@gmail.com to win a \$30 gift card from The Cottage.



April winner of Crossroads restaurant gift card is Mary Currin.

H-B-M HAPPENINGS



Township of Havelock-Belmont-Methuen

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Please note this was sent to publication as of April 20th, 2026

OFFICE CLOSURE:

The Township Office will be closed on Monday May 19, 2025 for Victoria Day. Enjoy a safe and happy Victoria Day weekend.

COUNCIL MEETING SCHEDULE:

Please note all meetings are hybrid, which means they are open to the public within the Council Chamber and virtually via zoom. The Zoom invitation link is available to all and can be found on the first page of the Regular Council Agenda.

- Tuesday, May 5, 2026 @ 9:30am – Regular Council Meeting
- Tuesday, May 19, 2026 @ 1:00pm – Regular Council Meeting

Meeting dates are subject to change, please visit the Township Website <https://events.hbmtwp.ca/council> for more information including agendas.

H-B-M FISHING DERBY:

Come join us for the 9th Annual H-B-M Youth Fishing Derby!

Saturday, May 23, 2026 from 9:00am-12:00pm at Rotary Park -25 Industrial Drive, Havelock.

- Fishing starts at 9:00am – 15 years old and under – Catch and keep policy
- Limit of 1 fish per child – Bring your own fishing pole and bait – Free giveaways.

For further information please contact Community Coordinator Taylor Stark at tstark@hbmtwp.ca.

HAVELOCK TOWN HALL – UPDATE:

Havelock Town Hall Returns to Service – Wednesday March 18, 2026

We are pleased to announce the re-opening of the Town Hall, located at 1 Mathison St. W.

Are you looking for the perfect place to host a birthday party, meeting or reception?

Please contact the municipal office for availability and pricing:

Phone: 705-778-2308 - Toll Free 1-877-767-2795 - Email: havbelmet@hbmtwp.ca

BURN PERMITS:

The H-B-M Fire & Emergency Services is advising residents to check for any restrictions governing open air burning, before starting any fires or burning brush. A permit is required with specific conditions for burning (By-Law 2017-075 Open Air Burning. The By-law can be found on the Township website. Questions?? Please Contact H-B-M Fire & Emergency Services @ 705-778-3183

2026 MUNICIPAL ELECTION - VOTERS LIST:

The next municipal election will be held on October 26, 2026. To ensure that you are on the voters list or to confirm that your personal information is correct, please visit <https://www.registertovoteon.ca/> as soon as possible. Everyone is encouraged to check the Township website at <https://www.hbmtwp.ca/township-services/elections/> in order to stay informed and receive the most current election information.

2026 MUNICIPAL ELECTION - CANDIDATE:

If you wish to run for Council, the first day to file your nomination papers is May 1, 2026. Requirements are as follows:

- A signed nomination paper delivered to the clerk
- ID proving that you meet local eligibility criteria
- A form showing that 25 voters endorse your candidacy
- The nomination filing fee of either \$100 (council member) or \$200 (mayor)

Please see the Election page of the Township website (<https://www.hbmtwp.ca/township-services/elections/>) for more details regarding Candidate Information. The Election page also includes the Candidate 101 Training Video titled "So, You Want to Run for Council. Making an Informed Decision".

If you wish to register, please make an appointment by calling the Municipal Office at 705-778-2308.

Registration closes at 2:00pm on August 21, 2026.

ALTO HIGH SPEED TRAIN:

H-B-M Council Opposes ALTO High Speed Train Proposal

At the Open Session Council Meeting held on April 7, 2026, the Council of the Township of Havelock-Belmont-Methuen passed a resolution in opposition to the proposed Alto High-Speed Rail project. Please visit the Township website at www.hbmtwp.ca to view the full text of the motion.

The Township continues to monitor developments regarding the proposed Alto High-Speed Rail project. Everyone is encouraged to stay informed on the Alto train issue by visiting the Alto website www.altotrain.ca or by viewing the Township home page online.

PICKLE BALL IS BACK:

Havelock-Belmont-Methuen Community Center,
39 George Street East, Havelock

Tuesday's 6pm-8pm • Wednesday's 10am-12pm • Thursday's 6pm-8pm

COMMUNITY CALENDAR OF EVENTS

A List of Local Events in Your Community

MONDAY

- Community Care: Seated Yoga** every Monday at noon (17 Smith Dr.).
- Community Care: Blood Pressure Clinic** May 4th & 25th from 9:30-10:30am.
- Community Care: Zoom Exercises** please contact CC at www.zoom.us or call the office.
- Havelock Seniors: Shuffleboard** at 1pm. \$5pp.
- Havelock Seniors: Chair Yoga** 11am. \$2 members \$3 non members.

TUESDAY

- The Legion: Zumba** exercises for seniors, 9:30-10:30am.
- The Legion: Cardio & Weights** 10:45-11:45am (bring your own weights).
- The Legion: Bingo** from 6:30pm-10pm. Doors open at 6pm.
- Community Care: Zoom Exercises** please contact CC at www.zoom.us or call the office.
- Havelock Seniors: Yoga Fit** at 11am. (6 week session \$24 members \$30 non members).
- Havelock Seniors: Regular Euchre** from 7-9pm (bring a snack to share).
- Havelock Centre: Youth Cooking Class** from 5:30-6:30pm. May 5th & 12th.
- Havelock Centre: Youth Alpha** from 6:30-8:30pm. May 5th & 12th.
- Havelock Centre: Youth Night** from 6:30-8:30pm. May 19th & 26th.
- Havelock Centre: Ladies Coffee Connect** May 26th from 10:30am-12pm.

WEDNESDAY

- The Legion: Line Dancing** from 9:30-10:30am.
- The Legion: Cardio & Weights** from 10:45-11:30am (bring your own weights).
- The Legion: Body Balance** from 11:40am-12:15pm.
- Community Care: TOPS (Take off pounds sensibly)** meeting 5:30-8pm at 17 Smith Dr in the Common Room.
- Community Care: Zoom Exercises** please contact CC at www.zoom.us or call the office.
- Havelock Seniors: Mid-Week Jammers** at 1pm.
- Havelock Seniors: Monthly Luncheon** May 13th at 11am. \$10. Please call 705-778-2386 to sign up.
- Historical Society: Meeting** 10:30am lower level of the library May 13th.

THURSDAY

- Havelock Seniors: Chair Yoga** at 11am. \$2 members \$3 non members.
- Havelock Seniors: Bid Euchre** every Thursday at 12:30pm. \$5.
- Community Care: Zoom Exercises** please contact CC at www.zoom.us or call the office.
- The Legion: Ladies Open Darts** starts at 1:30pm.
- The Legion: Cornhole, Wings and Suds.** Doors open at 5pm, wings at 6pm, cornhole at 7pm. Every Thursday.

THURSDAY CONTINUED...

- Havelock Centre: Preschool Play Group** from 9:30-11:30am. May 7th, 12th & 21st.
- Havelock Centre: Preschool Play Group** from 9:30-11:30am. At the park.
- Havelock Centre: Men's Night** from 7-9pm.
- Cordova Rec Hall: Kidz Club** May 21st from 6:30-8:30pm.

FRIDAY

- The Legion: Mixed Fun Darts** from 7-10pm. All welcome.
- The Legion: Shuffleboard** doors open at 1pm starts at 1:30pm.
- Cordova Community Centre: Yoga** every Friday 10:30-11:30am. \$18. Please contact 705-760-1296 for more information.
- Havelock Centre: Second Harvest Food Program** May 8th & 22nd from 10-11am.
- Havelock Centre: Open Mic** May 1st & 15th from 6-8pm.
- Havelock Seniors: Cribbage** at 1pm.

SATURDAY

- Havelock Seniors: Bid Euchre Tournament** May 2nd, doors open at 11:30am and food is available \$.
- The Legion:** opens at 1pm. **Meat Draw** at 3pm (8 Ottawa St.).
- The Legion: For Rentals** contact Michelle 416-605-5822 or 705-778-3728.
- Historical Society: Open House** May 6th from 10am-2pm.
- Havelock Library: Book Sale** May 23rd from 10:30am-1pm.
- Cordova Rec Hall: Italian Dinner** May 23rd at 6pm. Cn Nancy for tickets 613-472-2225.

SUNDAY

- Havelock Stone Hall Sessions Concert Series:** 4th Sunday of every month at 2pm (Highway 7 and 6th Line.).
- Havelock Seniors: Bingo** at 6pm, doors open at 4:30pm, light lunch available.
- Havelock Legion: Craft Sale** May 3rd, opened from 9am-3pm.

SUNDAY - CHURCH SERVICES

- St. Johns Anglican Church** 1st and 3rd Sunday Communion.
- Havelock Fellowship Baptist Church** 10:30am.
- Havelock & Trent River United Church** 10am.
- Our Lady of Mount Carmel Catholic Church** Mass at 9am.
- Cordova United Church** 9:30am every Sunday.

ATTENTION ALL SERVICE CLUBS, ORGANIZATIONS, CHURCHES AND COMMUNITY EVENT PLANNERS.
Please submit your events to havelockrail.cevents@gmail.com prior to the 10th of each month.