



HAVELOCK RAIL

SERVING THE GREATER HAVELOCK AREA

January 2025

Edition 67

HAVELOCK MOURNS LOSS OF AN ICON



On December 9th, 2024 Havelock lost one of its most recognizable citizens, Karen (Miz) Watson. There are not enough words to describe our loss. Many of you have written kind words and shared your memories of Miz on the Tribute Book found on the Brett Funeral Home website. I would encourage everyone to check out the tributes posted by so many people who knew Miz.

My interaction with Miz was limited to the last few years but I saw her as a person who had the personality and skills of a five star general but when there was work to be done she was the best soldier you could find on the planet. She was always the first to volunteer when an organization needed to complete a project, I can still hear Miz saying: "get err done" and she would step up and make things happen.

When the Rail held the first meeting to discuss the structure of the paper, Miz suggested a recipe for every paper. After a brief discussion everyone agreed and before the sun had set the next day, Miz had submitted a recipe. She continued to provide recipes for the Rail and it became a popular feature of the paper.

Richard Wood, a local business owner, suggested to me that if Havelock had a dozen citizens like Miz, we would have the best town in the world.

The Rail team extends our sincere condolences to the Watson family.

WHAT'S INSIDE

Check out what's happening in your community

Look for news and updates from local community groups

H-B-M Happenings on page 19

Check out local businesses



SEE PAGE 7 FOR INFORMATION ON
BELMONT WOMEN'S INSTITUTE

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SUBSCRIPTIONS

The Havelock Rail is distributed free of charge to all K0L 1Z0 postal codes. Distribution outside of our postal district is significantly more expensive so we must charge a subscription fee. If you would like to receive the Havelock Rail in your mailbox, contact us and we can arrange delivery. There will be an annual fee of \$36.00 for 12 monthly editions.

ELMER'S EDITORIAL

When DJ Trump got elected USA President in 2018 he promised he would bring back the coal industry in the United States. Not much left of coal production in the US. Now in 2024 Trump is promising to expand and grow the fossil fuel industry. He is also intent on curtailing green energy projects including wind and solar initiatives. Needless to say, climate change mitigation is not on Trumps "to do list". He may want to explore ways to expand the disaster relief budget.

As the oceans get warmer, the air masses that pass over them pick up more moisture and the winds become stronger and when the warm air rises to meet the cooler air, we get violent storms and excessive amounts of rain or snow. We are familiar with our snow belt in Ontario which is essentially east of Georgian Bay. A few weeks ago, the Muskoka Huntsville area got 80-100 cm of snow. It was the result of a warmer Lake Huron and Georgian Bay.

Locally we get most of our weather from the west or the south crossing the great lakes. We can expect to receive more intense weather throughout the year. For locals who feel we may not be affected, I draw your attention to the home and auto insurance industry. In Florida, at least three home insurance companies have pulled out of the Florida market. Without home insurance you can't get a mortgage. Similar situations are happening in California, British Columbia and even on the floodplain in Toronto. Where companies are still writing insurance policies for home and auto it is extremely expensive. You may think we get off unscathed but what happens when an insurance company has massive claim losses in one area. You guessed it, everyone who has a policy with that company will get increased premiums regardless of where they live.

It seems that the insurance industry believes climate change is real and they are doing something about it.

Maybe it is time that we and all countries got serious about reducing carbon dioxide emissions.



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LETTER TO THE EDITOR

Dear Editor,

This past week the town of Havelock-Belmont-Methuen lost one of its most loved members, Miz Watson. I have been trying to summarize what she means to me in a few words and I can't. The lady is a legend. Bonnie Fowler said it on Facebook so nicely that everyone has their own Miz story. "Miz, if there was a definition beside her name it would say love, community, volunteer, spiritual, giving, non judgemental..... Havelock will never be the same again. " Miz, we will all miss you but I think we need to remember you have enriched all our lives and I hope that we all take that and put that towards how we live our lives. Miz thank you for being my friend. I will miss you.

Debbie



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Saturday, February 8th, 12-6:30pm

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Scheduled Events & Activities

- 11:50 AM Opening Ceremonies
- 12:00 pm - 2:00 pm All-Star Hockey Skills Clinics, Havelock Minor Hockey
- 12:00 pm - 4:00 pm Ice Carving Competition, five amazing ice carvers/artisans
- 12:00 pm - 6:30 pm Toast Marshmallows & Warm Up, enjoy 4 Fire Pits and 1 Huge Chiminea
- 12:00 pm - 5:00 pm Life-sized Outdoor Games, Hole in One, Tic Tac Toe, and more!
- 12:00 pm - 5:00 pm Public Skating, HBMProud Outdoor Rink and Indoor Rink (4 - 5pm)
- 12:00 pm - 5:00 pm Colouring & Craft Contest, in Warming Area upstairs
- 1:00 pm - 4:00 pm Sport a Rainbow (Rose Powers), with donated sticks & tape
- 2:00 pm - 5:00 pm Roaming Winter Angel and OLAF your favourite snowman!
- 3:15 pm - 3:45 pm Tot's Skating Routines, Havelock Figure Skating Club
- 3:00 pm - 5:00 pm Snowy Trail Trek, learn to snowshoe & trek the trails
- 3:00 pm - 5:00 pm Build a Snölykta, learn how to make Norwegian Snow Lanterns
- 4:00 pm - 5:00 pm Blades of Glory & Fiery Sword Tournament Live Performance
- 5:30 pm - 6:00 pm North Fire Circus Live Performance
- 5:30 pm - 6:30 pm Ice Lantern Walk In The Park, treed park arena by arena
- 6:10pm - 6:30 pm Fireworks Extravaganza to top off the event!

12:00 pm - 5:30 pm Lot's of Food Vendors and Craft Vendors (upstairs)

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Fire & Ice
Havelock



HAVELOCK BELMONT PUBLIC SCHOOL BREAKFAST PROGRAM RECEIVES GENEROUS INJECTION

By Laurie Deshane

The Havelock Belmont Public School (HBPS) has received an early Christmas Present!

I would like to give a **GIGANTIC SHOUTOUT** to **Sara (Tasson) and Anthony Quinn of Bennett Mechanical Inc.**, who **presented a very generous check** to Jason Huffman, Principal of Havelock Belmont Public School for the **Breakfast Program**. Sara attended Havelock Belmont Public School in the mid 80's; and most of her family grew up, or are still living in the area. She has always loved it here and she convinced Anthony to build their dream cottage on Belmont Lake where they now spend most of their time. Sara and Anthony wanted to give back to the community and after researching and careful consideration they felt that the Breakfast program at HBPS required a "much-needed" injection.

Probably unbeknownst to most, the Havelock Belmont Public School has been providing healthy nutritious breakfasts for over 25 years to our students. Students need nourishing food to help them learn and stay focused; and research has shown that they have trouble learning when they are hungry at school. Every school day morning at HBPS, Miz Watson (almost 25 years) and Vicki Carter (17 years) and their team would prepare breakfasts for between 30 and 50 children. Miz Watson reluctantly had to resign due to health reasons, but I want to recognize the incredible impact and difference she has made to the students of this school. Other volunteers have now stepped up to the plate and are able to continue this program. The school volunteers: 3 staff members; Alana Lawson, Cindy Herdman and Valerie McMaster now co-ordinate this extremely beneficial program.

There is a tremendous amount of work accomplished behind the scenes to be able to provide these kids with a nutritious breakfast each day and we are thankful for the volunteers' commitment and dedication! A quick summary of the process begins with the support staff working out the requirements and purchasing the food as well as preparing and setting up the food in a room. Children then come in from the yard and help themselves to some

nutritious, high protein meals before going to class; of course, clean-up follows afterwards. There is oatmeal, hardboiled eggs, toast, fruit, muffins and milk and much more. Once the school day begins, the volunteers distribute the remaining snacks throughout the classrooms in the school so everyone has access to some "energy" all day long. This is such a discrete and sensitive way to ensure our students are eating without judgement.

The program does receive funding from the Ministry; but most money is raised locally through fundraisers such as "Toonies for Tummies" which funds the "Student Nutrition Program" which in turn funds the breakfast program. They also rely on private local donations; so they were genuinely excited and pleased that Bennett Mechanical Inc. chose HBPS to receive this amazing boost for this very worthwhile breakfast program!

It should also be known that the HBPS Breakfast Program is actively looking for morning volunteers. If you live in Havelock and have time to help out in the early mornings; drop in to the office and reach out to one of the volunteers above.

Once again, thank you Sara and Anthony for making a difference in our community!

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CONLEY'S CORNER SKATE SHARPENING & CUSTOM PROFILING

By Paul Stevens



Jeff Conley worked with Cag One for almost 15 years. Cag One was a business in Havelock that opened in 1987. There were times it was just Jeff and the owner. Cag One sold Cag One skate sharpening machines in North America to the NHL, and around the world. Recently the Havelock location was closed and the business

moved to Quebec City. Jeff had his own machines when the company decided to move and knew that skate sharpening was a service that is needed in this area, so he decided to open up a location at the corner of Oak Street and George St, East.

At Cag One skate sharpening machines were their bread and butter. They never sharpened skates for a living. They sold sharpening machines in North America to the NHL, and around the world. A lot of teams have their own machines now, and a lot of them are Cag Ones original machines, still in use. It's 30 year old technology, but there are no secrets any more. Newer machines haven't made big improvements. They tend to be more expensive, but they do the same job.

Jeff has travelled extensively training NHL Team staff on the ins and outs of the machines. He is looking forward to the summer off season because that is when past customers look to get maintenance done and their machines serviced. He expects things to get busy. He didn't get things going at his current location until about the middle of October. He just started advertising a few weeks ago. Advertising isn't something he's used to doing, but his new job will need it to get the word out.

Jeff told me "You'd be surprised on how many people have them at their homes you know, they actually do, and 30 years ago, it was the greatest thing ever. If you had a family and, everybody skated it made sense. A lot

of the machines that have come out today are home units. Commercial machines are about 10 grand. And now you can get home units for like \$1500.

Jeff has a lot of past customers inside a four-hour radius. He has many customers in the states as well as through Canada. Come summertime he'll be busy. "I've got a lot of regulars that want to keep it local and they've been my customers for 14 plus years, and they want to stay that way"

When Jeff is sharpening, he is actually adjusting the profile or the gliding surface. Depending on the skater and their needs you might want to move the profile closer to the front or back. Jeff talks to the skater and gives them a neutral profile and tells them to go ahead and skate on it. When they come back they tell him about their experience and he adjusts the profile as required. Most skaters love neutral because that is where most skate. However the need to provide a custom profile is why Jeff's customers come back.

Jeff is focused on sharpening now, but if the need is there in the future, he may consider selling additional products in the store. He is confident he will make a go of it. As he says "It doesn't matter the age group, or the skill level. It starts with your skates. You can put the best player on the ice, but it starts with us. And that's one of the things I focused on when I used to train people, I used to put that in their heads, that it's an important service. I have people now that drive, 45 minutes, past seven, eight of these machines to get here, and they come to see me because I'm the guy sharpening their skates. I'm in here, sometimes until 10 o'clock at night. Because people are calling me saying, "We're going to the Liftlock Tournament" or "We're going to Pembroke tomorrow morning for seven."

If you have skates that need sharpening, Jeff and Conley's Corner are now an option.



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BELMONT WOMEN'S INSTITUTE DIGS UP TIME CAPSULE

By Laurie Deshane

Did you know that the **Belmont Women's Institute** has been in operation since 1915?

The mission of the Women's Institute was for members to actively work together for family, home, community and country. Their objective was to improve women's skills in the art of homemaking and childcare. Over the years, what they have achieved is a stronger voice for women by working together as a united group. The WI's most notable initiative is the ROSE program which encourages their members to become more knowledgeable on social, health and environmental issues. Today there are about 2,000 members in 184 branches across Ontario.

The **Belmont Women's Institute** started out with between 40 and 50 members and they are now down to 8. You would think that this would break the spirit of the institution but they still seem happy and content! But they are always welcoming new members. This organization gets together monthly to share fun and fellowship. They are advocates for women, hosting educational workshops to teach and enhance their lifestyles and build friendships. They have crafts and demonstrations; group outings; dinners; lunches; theatre events, musical nights; book readings, baking classes; just to name a few.

This year they hosted a *Craft and Artisan Show* at the Hall during The Heart of *Hastings Christmas Tour* as a fundraiser. As a non-profit organization they need to fundraise. But this year there was a twist, and with the help of two volunteers aged 13, Mitchell Deline and a friend, a search for a time capsule buried there in 1996, was underway. In 1996, The Belmont Women's Institute branch and the Peterborough District Women's Institute; along with the Honourable MP Peter Adams buried the capsule. This was a historical day for the members of the Belmont Women's Institute (located on Hwy 7 East of Havelock).

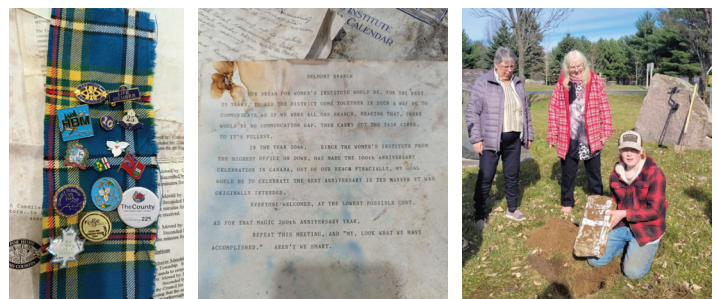
Over the years, the exact location of the capsule had become a mystery as the original marker had disappeared. Mitchell and Haley, metal detector in hand, scanned the area; digging deep with every sound; and before they realized it, they uncovered their exclusive find; the time capsule! They were now a part of history too!

The Belmont WI members were grateful and excited to see what the capsule contained as Havelock, Norwood, Belmont, North Shore, Westwood, Mount Pleasant and Shelwyn Chapters were included. There were pins and badges; a list of the town council at the time; a newspaper

clipping with the front page story "3M Closing Its doors". But the most treasured items were the letters that representatives of each branch wrote so eloquently, describing their appreciation for the group now; and their hopes and dreams for the organization in the future. Some felt that women will always need support but thankfully, that has been proven wrong! It is a group of strong, intelligent and fun women wanting to connect.

From speaking with Donna Kent and Marilyn Belanger, I feel that they enjoy the friendships they have developed and the skills they have learned. One thing you might not know is that they help residents in the community who could be struggling: fire victims; cancer patients; the elderly and shut-ins, by providing them with temporary aid to help ease the burdens they are facing. This is all done behind the scenes without recognition. I think it's time we recognize what they do for the community. They will be burying another time capsule this year. What hidden treasures will it hold for the future?

As I said earlier, they are actively looking for new members. Why not join a great group of women, get together once a month, share some stories and laughs, learn new activities and help support your community as women. For more information or to join, call Donna Kent at (705) 778-2800.





CORDOVA CORNER NEWS

By Laurie Deshane



The **Cordova Mines Recreation Association's (CMRA)** Roast Beef dinner in November was a "Sell-out"; Roast beef, mashed and parisienne potatoes, Yorkshire pudding, veggies, and more, plus delectable desserts! A bit Shout-Out to Sharon Haines and her team who were busy preparing for 3 days to provide us this feast. In fact the attendees are still commenting on the meal, the organization, and the great people who run it! It is also good to know there are usually "gluten free" options available at these dinners and would like to acknowledge Heather Shields for always



being happy to prepare and contribute some awesome "gluten free" desserts and food to these events.



A **HUGE Thank You** was acknowledged from **Marmora Caressant Care** to the **Cordova Mines Recreation Association** for donating 172 Candy Christmas Gift Bags to ALL of their residents. *"Your heart warming generosity is truly appreciated. Merry Christmas and Happy Holidays from every one of us"*, Jenna Taylor.

Cordova Mines spirit reins high when Santa comes to town! **Megan Haines** from the **Cordova Mines Recreation Association** shared her experience:



"On **November 30th**, 25 magical floats made their way through our little hamlet spreading lots of Christmas cheer. The judges; Mayor Jim Martin, Cathy Ireland, and MPP Dave Smith, announced the winners. First place went to Whoville (Keene and Cordova Arts Centres). Second place was #7 Classic Cruisers, and third place was North of 7 Outfitters. Congratulations to the winners!

Afterwards, everyone gathered at the community hall to enjoy some warm drinks, delicious chili (made by Mrs. Claus herself), and to visit with Santa. Santa had 76 girls and boys come! Thank you to the ERP class at Central Hastings School for

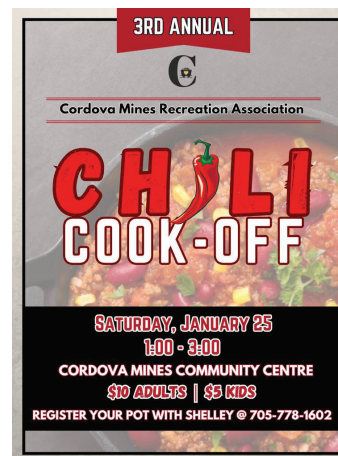


putting together all the goody bags.

Everyone who joined us at the hall was kind enough to give a monetary donation or a non-perishable food item for the Havelock and Marmora Food Banks. We were able to donate \$100 to each. Thank you!

The Cordova Mines Recreation Association would like to thank the Havelock Belmont Methuen Fire Department and the OPP for directing traffic and Terra Hall, Shelley Draper, Lisa Howie, and all the little elves for decorating and preparing the hall. To everyone who participated and watched, Santa, the judges, and of course our spectacular organizers, Alisha Cox and Jason Vilnef! Thank you!

The Cordova Mines Recreation Association hopes everyone had a wonderful Christmas and the happiest of New Year's. Thank you for a marvellous 2024; we can't do what we do without you!"



The **3rd Annual Cordova Mines Recreation Association's Chili Cook-off** is coming to Cordova on Saturday, January 25 from 1:00 – 3:00 pm sharp at the Cordova Mines Community Centre. Register your unique and delicious pot of Chili and see if you can add your name to the "Professional Chili Cookers". This is a wonderful family event where you can enjoy some delicious HOT chili of your choice as well as supporting the CMRA! Tickets are \$10 for Adults and Kids \$5.

Every year the **Cordova Mines Recreation Association's** chooses an organization to contribute to, in order to give back to our community. This year, because of your support, they were able to help out the Breakfast Programs throughout our area. Havelock Belmont Public School, Sacred Heart School, Marmora Public School, St. Paul's Catholic School, Norwood Public School and Central Hastings all received a donation. That is a lot of Breakfast programs getting the help they need. But this is all because of "you" the community who attend and support all the events the CMRA organizes. They were also able to help a family in need with a \$200.00 Foodland gift card so they won't be without this Christmas!

THANK YOU FROM COMMUNITY CARE HAVELOCK AND ALL THE FOLKS WE SERVE.

By Larry Pick

On December 5 the 19th annual Toonie Auction happened. All the 150 reserved seats were filled. The tables of auction items were filled. The auctioneer was ready to go.

By midafternoon a great lunch catered by Sharpes had been served and the auction tables had cleared. Judging by the photos, there wasn't a sad face in the Hall. All sorts of treasures had been won with through the unique lucky bid auction process and were being carried out the door.

The best part of the day was when the auction results showed that Community Care had raised over \$8,100 in support of the important programing available to senior citizens of Havelock and area.

It all sounds simple, right? NO! It takes weeks of planning, organizing, and knocking on doors. Without the significant impact of the donations to the auction from the businesses and friends of Community Care, this would not happen. The following is a listing of the donors who stepped up with auction items. We thank them profusely and urge everyone to support all local business and services.

# 7 Auto Plaza	High Spring Trading Post & Saddlery	Rachal's Beautiful Beginnings
Belmont Women's Institute	Highland Timbre Mart, Havelock	Red Setter Resort
Blakely's	Home Hardware, Havelock	Sharon Clements
Brett Funeral Chapel	Invisible Fencing	Sharpe's Food Market
Carkner Custom Iron	Joy Brickell	Subway, Havelock
Carquest, Havelock	Judy McMullen Glassworks	Tammy Ross
Katherine Chopping	K.C. Treats	Terry Wensley
Chris LeBlanc	Ken Tompkins, Kosh Lake	The Bidgood Family, Kosh Lake
Circle K, Havelock	Lee Resmer	The Cottage Store
Covia	Maloney Metal Works	The Davison Family, Kosh Lake
Craftworks at the Barn	Mary Garron	The Handley Family, Havelock
Crossroads Restaurant	Matthew Davison, Kosh Lake	The Hunt's, Kosh Lake
Deb Follett, Kosh lake	Miz Watson	The Mad Hatter's, Kosh Lake
East End Market	Mutt Mix	The Ranch Restaurant
Finlay Heating and A/C	Pat Assinck	Upper Canada Marine
Foodland, Havelock	Pat Zielski	Woody Burgers & Pizzeria
Giant Tiger, Campbellford	Perfection Plus	World's Finest Chocolates
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HBM Town Office	Quinn's Horse Wraps	

Community Care in Havelock wishes to extend a special thank you to each of the incredible volunteers who helped make the 19th annual Havelock Toonie Auction and Lunch such a resounding success. Not only did the event raise funds to support Community Care's programs and services in Havelock, it was a fun-filled gathering enjoyed by all who attended. Thank you to our dedicated team of volunteers including: Mary Irving, who served as Chairperson once again; Kathy Clement who worked with Mary on obtaining prize donations; Diane Pick who coordinated the volunteer tasks; the many volunteers who helped set-up at the Lions Hall - Larry Pick, Lee Resmer, Martin Partridge, Carolyn Knowles, Sharon Clements, Mary Garron, Bev Lang, Lynn Harris, Jennifer Miller and Linda Chopping; Rosemary Kitcher set up the raffle table with Lee; and our lovely kitchen volunteers included Linda Wrightly, and Patty Giles. Bonus helpers Sharon & David Estabrooks, Laurie Deshane & Cheryl Trube, Joy Brickell, Marilyn Davison, Barb Robinson and Maggie Mandolesi. We are so grateful for the support of these committed individuals – you keep Havelock strong.



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PRIMARY HEALTH CARE IN PETERBOROUGH COUNTY

By Sandra Caswell

Did you know you can register your need for a family doctor in our region WITHOUT deregistering with your current doctor, if you have one? All you need to do is complete the Healthcare Needs Assessment form located at the Peterborough County website. Most people will need to complete just 1 form per household. This form is replacing any other family doctor wait lists you might already be on, including the provincial Health Care Connect.

Lori Richey, Healthcare Advancement Coordinator, spoke in HBM in November about the Needs Assessment. Lori's primary job is to attract and retain family physicians in Peterborough County. To do so, she needs to understand the primary care needs of our community. The Needs Assessment is a key piece of that puzzle. The more people who complete the form, the more data Peterborough County will have to assess and design physician and nurse practitioner recruitment strategies to meet the needs of our community.

The Ontario College of Family Physicians states there are +32,000 people across Peterborough city and county without a family doctor, and that number is expected to grow. The need is real, and so are the challenges. One of the biggest challenges with finding a family doctor is that there are fewer family medicine graduates every year (30% of 2023 graduates pursued a family medicine speciality, down from 38% in 2015), and many of them opt not to open a family medicine practice.

A key driver of this decline is how family doctors are paid on Ontario. While I found different numbers from different sources, the Ottawa Citizen noted in its August 7, 2024 article that a family doctor in Ontario earns about \$373,000 per year on average. Other specialists (oncologists, urologists etc.) earn about \$382,000, and surgical specialists about \$507,000. On top of making less than their peers in the profession, a family medicine office is a business, with all the overhead for rent and supplies and equipment, nurse and reception salaries and benefits, and all the paperwork and other administration that a business entails. This overhead comes out of the family doctor's pocket, eating into his or her earning power. Family doctors are not poor, but they aren't getting rich either.

Lori Richey is working with other regions across eastern Ontario to attract doctors to our region, including repatriating Canadian-trained doctors back to Canada and other international recruitment efforts. At the same time, a new Patient Resource Guide has been developed for those who do not currently have a primary care provider to learn about options for seeking care in our region, available at the Peterborough County website.

What can you do? Complete the Healthcare Needs Assessment form. Check out the Patient Resource Guide to learn about options for care. Tell all your friends who are doctors about how wonderful it is to live and work in our region, and then pass his or her name to Lori to close the deal!



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PLANNING YOUR GARDEN YEAR AHEAD

By Kathy Reid, Norwood and District Horticultural Society

If you are like me, you will be starting to plan your 2025 gardening year soon after the Holidays! And, it seems that planning continues throughout the year as the seasons change. There is a certain excitement in all of it!

I have been a member of the Norwood and District Horticultural Society since moving to the area many years ago. I really appreciate and enjoy the opportunities to learn new and enhance my gardening skills through guest presentations, flower shows and special events. The first meeting of 2025 will feature a presentation by Sean James, a Master Gardener and the owner of Sean James Consulting who will speak about Xeriscaping as the Necessary Wave of the Future. For budding rose lovers, Lisa Schnalzer-Missen, the Owner of Owl Grove Roses will share her expertise on growing roses in our climate. Later in the year,

Anne Craig, a Master Gardener will explore the magic of seeds. Each monthly meeting features a special guest speaker and an enjoyable time to socialize.

Meetings are held at the Royal Canadian Legion (Branch 300) in Norwood on the second Tuesday of each month (except July, August, December). The doors open at 6:30 p.m. and the meeting starts at 7:00 p.m. Members are encouraged to bring a guest and enjoy the presentations. Members receive a Yearbook, outlining presentations, the annual plant sale, special events and programs offered by the Ontario Horticultural Association and District 4.

Follow Norwood and District Horticultural Society on Facebook for the latest information!



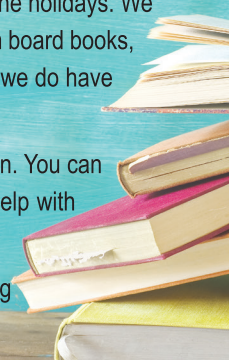
LIBRARY NEWS

By Nancy Law, Havelock-Belmont-Methuen Public Library

We are hoping that everyone had a great holiday. The Havelock and Cordova Libraries are back to their regular hours after the holidays. We just want to remind everyone that we have just about everything you could possibly need. We have books for every age, from board books, picture books, and easy readers all the way to fiction, science fiction, and non-fiction. We have large print, audio books and we do have a couple of braille books for young readers.

Also the libraries have public use computers and printers. We also offer fax services. Maybe you would like to plan a vacation. You can check out the on-line resources for travel, learn a new language, or download a book. There are also many resources to help with reading, school work etc.

Don't forget to check out our website at www.hbmlibrary.on.ca, our FaceBook page, or visit us to find out more of what is going on at the libraries.



SPORTS

HAVELOCK HAWKS HEADLINER

By Keri-lyn Toms

Havelock Minor Hockey wishes that everyone enjoyed a joyous Christmas Season spent with family, friends and hopefully some time for a little hockey too. We sure have been busy at HMH, as our teams finish up the first half of their season, and the second half quickly approaches.

Here is a rundown on what's been happening.

With all the **HATCHLING** hard work, our smallest players are all able to get up when they fall and can skate around the whole half ice of the rink. They are starting to learn how to use their sticks to shoot, as well as carry the puck. Great job Hatchlings!

Our **U7 HAWKS** are off to a great start to their season with 3 of their 12 games in the books. We don't keep score, but our returning U7s are picking up where they left off last season and filling the net. Our new U7s are showing great progress in learning the fundamentals of hockey.

The **U9 HAWKS** have had a busy start to their season, playing 11 games between November and December. They have just one more half-ice game in the New Year before starting their full ice season. Our U9s have taken great strides as a team so far, and they are ready to hit the ice again in 2025.

The **U11 HAWKS** team has had a busy start to the season too. This team works hard at every game, win or lose. Hawks Captain Dylan Toms, along with Alternate Captains: Alex Hamilton and Cheyanne Gronross have been awesome leaders for the team, on and off the ice. Special mention goes out to all of the hardworking players and also to our goalie Wyatt Vineham for his dedication to keeping the puck out his net and also for his fun dance moves!

Our **U15** team has been hustling hard. They brought home a big 6-6 tie against the Warkworth Bulldogs in early December. T.J Arrundell worked hard between the pipes to keep the Bulldogs out. Colton Brown scored 2 big goals, assisted by Chase Thompson and Mason Leavitt. Hewitt Toms snagged two goals and Riley Grant and Carter Spence skated through with one goal each. A week later the team battled the Q.W Hawks-Little Caesars on home ice. Our U15s were successful at skating away with a big 7-3 win. Goalie Dylan Frater stopped all shots but three to help his team to victory. Hewitt Toms put the puck in the net 4 times in this game. Assists for the goals going to Hope Lausen, Ryder (Big Guy) Brunette, Mason Leavitt, Douglas Bayne and Kaelan Chambo. Mason Leavitt finished the game with a hat trick. His goals were assisted by Chase Thompson (2), Douglas Bayne and Cole Huycke.

As always for an up-to-date game schedule for all Hawks teams please visit our Facebook page or our website www.havelockminorhockey.com

ENVIRONMENTAL TIP OF THE MONTH

By Lorraine Roulston

NEW YEAR'S RESOLUTION: Compost to build and enrich our soil that will not only help combat climate change, but also be most beneficial towards our personal health and well-being. One way to create quality compost is to remove those Price Look Up stickers from loose supermarket fruit, as they do not decompose and, in volume, can contaminate a full load of compost.



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The winner of the gift certificate from Stemz N Gemz. is Marilyn Toms.



KINGS JERK CHICKEN

By Paul Steven

I had the pleasure of chatting with Jermaine King recently and got a little background on him that you might find interesting. Jermaine owns and runs King's Reliable

Used Cars situated at the Town and Country Plaza on Highway Seven at the East end of Havelock. You might more likely know him because of his fabulously delicious Jerk Chicken setup at the Havelock Farmer & Artisan Market this past summer.

Jermaine started his used car business about two years ago. It wasn't using up all his time, and he loves to cook, so it wasn't a large leap to grab a spot in the market where he could meet people, spend some fun time with a few friends and serve up different servings of Jamaican cuisine.

I asked Jermaine how he got started cooking. He said "I just do it for fun. Not much difference between barbecuing in the back yard and serving it up to the public. But it all really started with my grandmother when I was about 10 years old. She always said she was going to teach us to cook

because if a man can cook, he has a better chance of picking out the wife he wants."

Jermaine offers more than just chicken. It is his specialty, but he also offers jerk salmon, and "curry goat like nobody's business." Not to be left out, are his chicken soup and curry chicken and just about anything Jamaican specifically. He makes pretty much all his own seasoning sauces himself from scratch.

Jermaine does make some money from his efforts, but it is more than that. "I believe that we all should find a passion, something that we like and just go for it because it doesn't feel like work to me to be quite honest with you. It feels just like another day in my backyard. Like I'm just doing something for my friends and family."

If you can mix an income source with a passion and time with neighbours and friends, you are pretty fortunate. Stop in at Kings Reliable Used Cars or follow your nose the next time you smell jerk chicken coming off a barbecue and say hello to a good guy.

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RECIPE

APPLE WALNUT CAKE

By Kathy Clement

Ingredients:

- 3 cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon ground cinnamon
- ½ teaspoon salt
- 3 apples - peeled, cored and sliced
- 1 cup white sugar
- 1 cup brown sugar
- 1 ¼ cups vegetable oil
- 2 large eggs
- 2 teaspoons vanilla extract
- 1 cup chopped walnuts



Preheat the oven to 350 degrees F (175 degrees C). Grease and flour a 9x13-inch pan. Sift flour, baking soda, cinnamon, and salt into a bowl; set aside. Combine apples and white sugar in a separate bowl; set aside. Mix brown sugar, oil, eggs, and vanilla together until well combined. Stir in apple mixture, then flour mixture. Fold in walnuts. Pour batter into prepared pan. Bake in the preheated oven for 45 minutes, or until a toothpick inserted into the center of the cake comes out clean. Allow to cool. Very nice topped with a cream cheese frosting or served with whip cream.

COLOURING CONTEST

Children age 2-6 and 7-12 are welcomed to enter. Colouring pages and deadlines can be found at the Havelock Rail Colouring Contest Page on Facebook. Winners will be posted in the Havelock Rail. We have decided to limit to 6 contests per year.

THESE HOLIDAYS: EASTER, MOTHER'S DAY, FATHER'S DAY, HALLOWEEN, CHRISTMAS, AND VALENTINE'S DAY.



Elliott Weatherup, age 4



Gillian Weatherup, age 8

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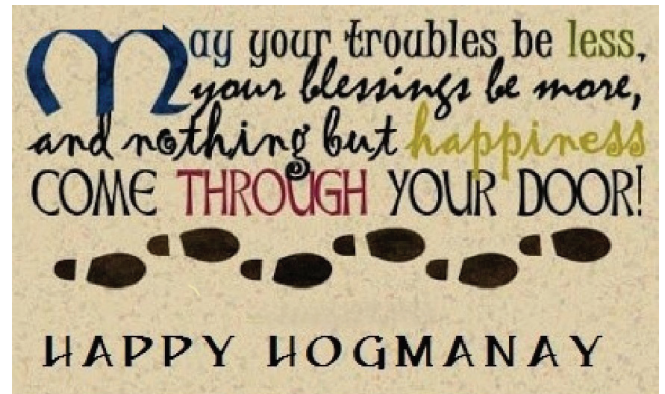
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BELMONT-METHUEN AND HAVELOCK HISTORICAL SOCIETY

By Susan Taylor



First Footing or Hogmanay is an ancient Scottish tradition. It means simply 'goodbye to the old and hello to the new'.

It was customary to ready the house by a complete cleaning and in particular sweeping out the fireplace ashes. This insured starting the new year with a clean slate.

First footing refers to the first person to pass through your doorway after midnight on January 1st, preferably bearing a gift. A bottle of whiskey or a loaf of bread meant wishing the homeowner good health, prosperity and warmth for the coming year.

Happy Hogmanay from the Belmont Methuen and Havelock Historical Society.

We look forward in the new year to hosting any interested community residents at our monthly meetings, on the second Wednesday from 10:30 to noon. The first one will be January 8th in the basement of the library. We hope to see you there.



COUNCIL CORNER

By Donelda Fraser

Meetings held on December 3 and 17, 2024.

- Mayor Martin opened the meeting with respect to the Land Acknowledgement. Reminding Councillors that when commenting or asking questions, with follow ups, all need to be put through the chair. A problem when the Mayor needs to remind this council.
- Delegation Mike Vilneff, The Loomex Group, re Community Risk Assessment. This is a government driven need, that all communities need to complete. What threats a community faces such as Geographic's, Building, Critical Infrastructure, Demographic, Hazards's, Public Safety Response, Community Services, Economics. HBM township needs to identify the risks and follow Treatment Measures. Top Five Risks for HBM township are Sever Weather, Highway incident, Human Health emergency, Fire, Localized Flooding. Suggesting that these be updated each year.
- Council passed motion to assume a portion of Sandy Lake road that crosses private property after the area was surveyed. This portion of Sandy Lake road assumed will now become a Public Highway.
- Environmental Grant Application from Cordova Lake Cottage Association for a maximum of \$1000.00 to fund E. Coli testing. Motioned and carried.
- Delegation Bryon Tan from Watson and Associated Economist Ltd. In regards too Developmental Charges. This being the 3rd presentation stating and hopefully the last, before getting to the actual charges. This meeting focused on Waste Water Management providing important data. Quoting 92% usage in town with 8% for potential growth. Potential charges ranged from new build which would cost \$5700 to hook up to waste water, being one example. With others listed with varying amounts, as Multiples, Apartment, Bachelor, just to flush your toilet. To continue in new year.
- Norwood Medical Center became a focus of conversation. With some definite displeasure at Norwood wanting payment for our residents to obtain a doctor. Which would cost the municipal government a considerable amount of our tax dollars. So a committee of Bob Angione, Mayor Martin and Jerry Dorherty to meet with a committee from Norwood in regards to this
- County Council has finalized the budget for 2025 and has set the tax rate at 6.28%.
- Next Council to commence January 14, 2025.

OBITUARY



WATSON, KAREN (MIZ) - *She's Gone!* - Karen (Miz) Watson, 83, of Havelock, Ontario, volunteer extraordinaire, died on the morning of December 9, 2024. Miz was born on December 1, 1941, to Ruth and Morgan Ames in Brighton, Ontario. Sister to Margo and Lynne. Mom to Jennifer Lynne, Brud (Donna), Shannon and Lisa. The only Mizzy to Dustin (Becca), Jared, Dana (Doug), Isaac, Savannah, Holden (Brooke), Jeremy (Jami), Rachel, Shannon, Kent, and Kate and Great Mizzy to their precious children Kylie, Tristan, Olivia, Stella Mae, Jessica, Samantha, Liam, River, Saffi, Luke, Jake, Zoe. She would also like to acknowledge her grand animals Booker, Hank, Rocco, and Susan.

In accordance with her wishes there will be no funeral service. Instead, sometime when the weather is warmer, there will be a joyous parade followed by a tribute at the Havelock Arena. The family will keep you posted on the date.

Memorials or donations may be made to the Havelock Rail, Box 660 or the Havelock Trent River United Church, Box 310.



H-B-M HAPPENINGS



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Please note this was sent to publication as of December 20th, 2024

OFFICE CLOSURE:

The Township Office will be closed for the holidays and will reopen Thursday, January 2nd, 2025, at 8:30am.

COUNCIL MEETING SCHEDULE:

Please note all meetings are hybrid, which means they are open to the public within the Council Chamber and virtually via zoom. The Zoom invitation link is available to all and can be found on the first page of the Regular Council Agenda.

- Tues. Jan. 7, 2025 @ 9:30am – Special (Budget) Council Meeting
- Tues. Jan. 14, 2025 @ 9:30am – Regular Council Meeting

Meeting dates are subject to change, please visit the Township Website <https://events.hbmtwp.ca/council> for more information including agendas.

PARKS, RECREATION, & FACILITIES:

Public Skating Schedule

- Sundays from 1pm to 2pm and Wednesdays from 1pm to 5pm

Holiday Skating & Puck N Stick

- Dates – Dec. 23rd, 27th, 30th
 - **Family Skate** – 10am to 12pm, and 3pm to 5pm
 - **Stick N Puck** – 12pm to 1pm
- Dates – Jan. 2nd, 3rd
 - **Family Skate** – 10am to 12pm
 - **Stick N Puck** – 12pm to 1pm

Note: We added another **Family Skate** on Jan. 2nd from 2pm to 4pm.

Arena Advertising Opportunities

- Wall Board (4' x 7') \$124.30/year (HST Included)
- On-Ice Board (36" x 39 3/4") \$237.30/year (HST Included)

To book advertising, sponsor, or reserve ice time, contact jstorey@hbmtwp.ca or call 705-778-2891.

We strongly recommend skaters wear a CSA certified helmet, AND all children under the age of 12-years must be accompanied by a parent or guardian. Please note there are skate sharpening services on site \$5 per pair and hockey tape is \$3 (Black, White & Clear).

GARBAGE & RECYCLING HOLIDAY HOURS:

VILLAGE CURBSIDE GARBAGE & RECYCLING

- **No Changes to Curbside Recycling**
- **Garbage Pickup** - Thursday, January 2nd collection moves to Friday, January 3rd

TRANSFER STATION HOURS

- **6th Line** - Open Tuesday, December 31st half-day from 9:00am to 12:00pm
- **All Transfer Stations Closed** - New Years Day

COMING FESTIVALS & SPECIAL EVENTS:

- **Kids Bingo** (ages 9 to 15) – Fri. Jan. 24th @ 7pm, held at Havelock Seniors Centre and hosted by HBM Youth Committee
- **Havelock Fire & Ice Festival** – Sat. Feb. 8th from 12pm to 6:30pm, held at HBM Community Centre
- **Havelock Lions Family Day** – Mon. Feb. 17th from 11:30am to 5pm, held at HBM Community Centre & Lions Hall

EMPLOYMENT OPPORTUNITY: FACILITIES CUSTODIAN

Part Time – Occasional, Wage Range: \$23.71 - \$27.48

The Township is seeking a qualified candidate for a part-time (occasional) 'Facilities Custodian' position. The Facilities Custodian is responsible for maintaining cleanliness in all municipal owned facilities, assisting with basic general maintenance and administrative duties. The Facilities Custodian (occasional) position will provide backup duties for the full-time Facilities Custodian for the following: vacation days and unforeseen circumstances, on an as needed basis.

A detailed job description can be found on the Township website at www.hbmtwp.ca. Please submit a cover letter and resume, clearly marked with the position title, 'Application for Facilities Custodian' by e-mail or regular mail no later than 4pm. on January 15, 2025 to:

Kayla Spooner Deputy Treasurer
P.O. Box 10, Havelock, ON K0L 1Z0
kspooner@hbmtwp.ca

COMMUNITY CALENDAR OF EVENTS

A List of Local Events in Your Community

MONDAY

Community Care: **Seated Yoga** every Monday at noon (17 Smith Dr.).

Community Care: **Blood Pressure Clinic** January 6 & 20, 9:30-10:30am. (17 Smith Dr.).

Community Care: **Zoom Exercises** please contact CC at www.zoom.us or call the office.

Havelock Seniors: **Chair Yoga** 11am-12pm. \$2.

Havelock Seniors: **Free Diabetes Presentatation** December 2 at 2pm.

Havelock United Church: **Christmas Eve Service** at 7pm.

TUESDAY

The Legion: **Zumba** exercises for seniors, 9:30-10:30am.

The Legion: **Cardio & Weights** 10:45-11:45am (bring your own weights).

Community Care: **Zoom Exercises** please contact CC at www.zoom.us or call the office.

Havelock Seniors: **Regular Euchre** from 7-9pm (bring a snack to share).

Havelock Centre: **Laugh N Learn Playgroup** every Tuesday, 9:30-11:30am. Snacks & coffee provided. (30 George St).

WEDNESDAY

The Legion: **Line Dancing** from 9:30-10:30am.

The Legion: **Cardio & Weights** from 10:45-11:30am (bring your own weights).

The Legion: **Body Balance** from 11:40am to 12:15pm.

Havelock Centre: **TOPS (Take off pounds sensibly)** 6:30-8pm (George & Orange St.).

Community Care: **Zoom Exercises** please contact CC at www.zoom.us or call the office.

Cordova Community Centre: **Yoga** every Wednesday, 6:30-8pm. \$20. Please call or text 705-760-1296 to ensure that a class is running.

Havelock Seniors: **Monthly Luncheon** January 15, 12pm \$10.

Community Care: **Diners Club** January 8 at the United Church. \$14pp.

Havelock Seniors: **Line Dancing** every Wednesday from 6:30-7:30pm.

Belmont Methuen Historical Society: **Monthly Meeting** January 8, 10:30am-12pm in the library basement, Cn 705-768-4895.

THURSDAY

Havelock Seniors: **Chair Yoga** from 11am-12pm. \$3.

Havelock Seniors: **Bid Euchre** every Thursday at 1pm (doors open at 12:30) \$5.

Community Care: **Zoom Exercises** please contact CC at www.zoom.us or call the office.

THURSDAY CONTINUED...

Havelock Centre: **Career Edge Hub** 9am-12pm, free drop in employment counselling & services.

Havelock Centre: **Men's Night** at 7pm every Thursday (discussion group with snacks).

The Legion: **Dart Warriors** every Thursday from 7-10pm. Everyone welcome.

FRIDAY

The Legion: **Mixed Fun Darts** from 7-10pm. All welcome.

The Legion: **Shuffleboard** from 1-3pm. Everyone welcome.

Havelock Centre: **Open Mic Music Night** 1st & 3rd Fridays at 6pm. Any questions please call Rolf at 705-875-8018.

Havelock Centre: **Second Harvest Food Program** 2nd & 4th Friday 10-11am.

Havelock Seniors: **Line Dancing Level 1** every Friday from 10-11am.

SATURDAY

Havelock Seniors: **Bid Euchre Tournament** January 4, doors open at 11:30am and food is available \$.

The Legion: **Meat Draw** every saturday at 1pm (8 Ottawa St.). (For Hall rentals contact Michelleoconnor309@gmail.com, 416-605-5822 or 705-778-3728).

SUNDAY

Havelock Stone Hall Sessions Concert Series: 4th Sunday of every month at 2pm (Highway 7 and 6th Line.).

Havelock Seniors: **Bingo** every Sunday at 6pm, doors open at 4:30pm, light lunch available.

SUNDAY - CHURCH SERVICES

St. Johns Anglican Church 1st and 3rd Sunday Communion.

Havelock Fellowship Baptist Church 10:30am.

Havelock & Trent River United Church 10am (Havelock).

Our Lady of Mount Carmel Catholic Church Mass at 9am.

Cordova United Church 9:30am every Sunday.

Knox Presbyterian Church 11am-12pm.

ATTENTION ALL SERVICE CLUBS, ORGANIZATIONS, CHURCHES AND COMMUNITY EVENT PLANNERS.

Please submit your events to havelockrail.cevents@gmail.com prior to the 10th of each month.