

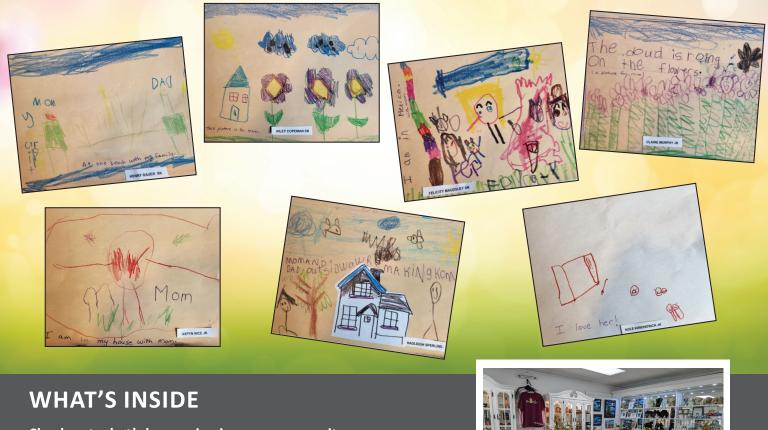


May 2025

Edition 71

Happy Mother's Day From Havelock-Belmont Public School

HENRY BAUER SK, RILEY COPEMAN SK, FELICITY MAUDSLEY SK, CLAIRE MURPHY JK, ASPYN NICE JK, HADLEIGH SPERLING, KOLE KIRKPATRICK JK.



Check out what's happening in your community Look for news and updates from local community groups H-B-M Happenings on page 19 Check out local businesses



SEE PAGE 9 FOR INFORMATION ON GEMZ N STEMZ AND JOY ESTHETICS

CONTACTS:

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If you have news stories, advertisements, announcements, classified ads or coming events, contact the appropriate email address above or mail to PO Box 660, Havelock, K0L 1Z0

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SUBSCRIPTIONS

The Havelock Rail is distributed free of charge to all K0L 1Z0 postal codes. Distribution outside of our postal district is significantly more expensive so we must charge a subscription fee. If you would like to receive the Havelock Rail in your mailbox, contact us and we can arrange delivery. There will be an annual fee of \$40.00 for 12 monthly editions.

ELMER'S EDITORIAL

Since the Magna Carta was signed by King John of England in 1215, western nations have in most cases elected citizens to a government body that passed laws and established regulations that governed citizens behaviour and in most cases was intended to benefit all citizens with none being above the law. Rules around building codes, pollution, highway traffic act, taxation etc. are all backstopped by a court system that supports the rule of law for the benefit of all citizens and does not seek to provide an advantage to one person or group of people at the expense of everyone else.

Most jurisdictions have an impartial non partisan method of selecting judges who get to interpret the laws passed by governments. In recent times some leaders and vested interest groups seek to pack courts with judges that see the law as a valuable tool which can be manipulated to favour a leader or their special interest group. This has been achieved in the USA, Russia, and Hungary with less success in Israel and Mexico. When courts decide to interpret laws in a way that discriminates and lets some citizens operate outside the law of the land, chaos will surely follow as we currently see with our southern neighbours. When the President thinks the laws will allow him to annex or take part of another country by force, civil unrest and blood shed will soon follow.

In our local jurisdiction, regulations or too much "red tape" is often thrown around as an impediment to growth and prosperity. Without question, a regular review and revision of rules and regulations should be part of good governance. But as the saying goes, we need to be careful not to "throw the baby out with the bathwater". Food safety, worker health and safety, control of air and water pollution are all important and should not be changed simply to allow entrepreneurs to increase profits by gutting safety regulations.

If courts become rubber stamps for our leaders we are one small step away from the divine right of kings that English citizens put behind them with the Magna Carter in 1215. I am not sure where our American neighbours are headed, but I know this is not a rabbit hole we Canadians wish to enter.



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MENTAL HEALTH TIP

By Hannah Lewis, Creative & Playful Counselling

Warm weather and long days can make you feel happier. So don't forget to embrace the shift in season!

The days are getting longer and slowly warming up. This time of year people often feel their mood begin to lift. You may not have noticed that over the winter you felt more tired, you were less enthusiastic about plans and day to day tasks were feeling overwhelming.

Now some warmth and energy may be starting to creep into your spirit. You feel happier, you feel energized and are excited for summer adventures.

If you are looking for that mood lift or some mental refreshing, try embracing the outdoors: open your office windows, go for a walk, work outside, walk instead of drive, and listen for the birds!

Get creative - head outside with a nature journal, sketchbook or camera. Get playful - throw around a ball, join a sport, try geocaching or fly a kite. Havelock has beautiful places to find tranquility. Check out trails on the Mathison Property, grab a coffee to-go from Wildflower Bakery or Tim Horton's and find a bench to sit outside where you can see what's going on in the world around you.

If you are having trouble finding the motivation to get outside, invite a friend! Maybe you can even set up a weekly walk with your friend. This will provide you with motivation, accountability and companionship. Try to specifically set a time on the calendar where you plan to get outside, and make a plan for what you are going to do. This can help prevent the temptation to put off your outdoor self care for another time, ultimately to remain undone.

Whatever you choose to do, let yourself feel the weather change and maybe your spirit will begin to warm like the world around us!

5H 🎊





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FRAUD AWARENESS

By Paul Stevens

Dan Gay, the Media Relations / Community Safety Officer for the Peterborough County OPP was at the Seniors Centre at 10 George St. W Monday evening, March 24th for a presentation of fraud and Scam awareness in front of over 20 attendees. Just in time to highlight March's Title as Fraud Awareness Month. In attendance with Dan was Sgt. Andrew Gordenier. Dan, assisted periodically by Andrew provided a slew of valuable tips and facts about the latest frauds and scams that have occurred in Peterborough County and Ontario more generally.

The Canadian Antifraud Centre says that their data shows Canadians lost \$638 million last year. However typically only 10% of fraud victims file reports.

Dan's presentation encouraged attendees to be aware of certain tells when you are being targeted. Beware of anyone trying to rush you into acting quickly. Ask for phone numbers saying you would like to call them back. Remain aware that legitimate businesses or organizations will not try to rush you into making a decision. The Police will never ask you to send funds to them to cover fines or bail. And offers to purchase your items on Marketplace or listings in classifieds for more than your asking price should make you very leery and even more so if they ask if you will ship the item.

Scamsters are now using AI generated voices that sound just like family members on the other end of late night phone calls, asking for emergency funding because of an accident or injury or lost credit cards.

Also prevalent over the last few years are romance frauds, particularly in scams targeting older individuals. Typically, after connecting through a false profile on a dating app, the con artist will claim to live nearby, but be

overseas and anxious to get together with the targeted victim. Predictably, after arranging to meet up they will lose their purse or wallet at the airport just before boarding their flight. They phone saying they only need an electronic transfer of a couple of thousand dollars to pay for the air travel ticket and will assure their target they will quickly repay at the local bank shortly after landing, and the much desired first date can still occur.

Various scams include claiming to be a contractor working nearby, a Revenue Canada Inspector, a Bank inspector, an investment councillor, a charity, a grandchild or other family members in trouble, and much much more. These are just scratching the surface. For more details and advice visit the following website: https://antifraudcentre.ca

Do everyone a favour. If you have been scammed or approached by someone you think was trying to defraud you, report it to your local police office and/or the Anti Fraud Centre at the link above.

Remember, if it sounds too good to be true, it just might be.



Top 10 Frauds 2024 by dollar loss

Fraud Pitch	Reports	Victims	Dollar Loss
Investments	4,076	3,866	\$310.6M
Spear Phishing	937	608	\$67.3M
Romance	1,172	1,030	\$58.4M
Job	2,649	2,179	\$47.1M
Extortion	3,927	935	\$21M
Service	5,049	3,831	\$19.8M
Bank Investigator	2,770	1,456	\$16.4M
Recovery Pitch	545	315	\$9.1M
Merchandise	3,225	2,734	\$9.1M
Vendor Fraud	760	314	\$8.3M

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SHIRLEY PERDUE	During the construction of George Street, we have	CHRISTOPHER GRASBY					
DALE LUNITZ	many options planned for services to continue.	NEIL MCDOWELL					
KAREN GORDANIER	Whether another venue in Havelock or our Hastings Chapel, we will be able to serve all clients while	JOYCE FEDOROWICZ					
HORST REICHERT	navigating through the closures and noise.	DAVID BOISE					
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1 - 2:30 pm	Mid-Weak Jammers
2:30 PM	Prizes will start to be drawn.
Beer Garder	n and Live Music - Art in the Park Area
11:00 - 11:30 am	The Blue Rigbys
11:50 - 12:20 pm	My Favourite Music, Andrew Olscher
12:50 - 1:20 pm	Winds of Change, Anne & Greg
1:40 - 2:10 pm	Al Lerman
2:30 - 3:00 pm	Chris Collins
3:20 - 3:50 pm	Meaghan Love
Ki	ds Zone - Baseball Outfield
10 am - 4 pm	Giant Inflatables
	Mega Slide • Tiger-face Bouncer
	 40 ft Super Obstacle Course
12-3 pm	Trace's Faces FREE Face Painting
12-3 pm	Tic Tac Toe 🔹 Corn Hole 🔹 Axe Throwing
Crit	ter Zone - Art in the Park Area
11 am - 2 pm	ZOO To You (20 animals)
9 am - 4 pm	K9 Comfort - Dog Training Demo's



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BOTTLE LAKE AND KASSHABOG LAKE

By Pat Patterson

Drawing on stories told to me by my father-in-law, Norris Whitney—Bottle Lake and Kasshabog Lake in the early 1930s were pristine, brimming with fish, but darn hard to get to. Back in those days, to reach the two lakes, people travelled a one-lane dirt road (now called County Road 46), passing many other lakes—Round, Oak, Twin, and Sandy—before arriving at the North River, about 1 km south of where the Blue Mountain Covia Mine is today (which was not yet operating).

At North River, you would head west over a rocky path to the Derban property on Bottle Lake, then continue on to the east end of Kasshabog Lake, where you could canoe all over. The entire journey took 2.5 to 3 hours. Why would folks go to such lengths to travel into the lakes, you ask? I remember Norris saying, "At the end of each spring, where the North River flowed south into Kasshabog Lake, you could fill a wheelbarrow with pickerel, 5 to 11 lbs." There were only about 8 to 10 buildings on the lake back then, mostly hunting camps used by trappers like Norris Whitney, Garnet Emery, and the Bennetts on the west end of Kasshabog, to name a few.

Around 1935, a group from Ohio, USA, purchased property on Bottle Lake, north of Kasshabog Lake. In 1958, Leo MacDonald—Area Manager of Canadian Flint and Spar (which later became International Minerals and Chemical, or IMC, and now Covia)— directed workers to build roadways into Kasshabog and Bottle Lakes, making it a heck of a lot easier to get to.

ORIGIN OF MOTHER'S DAY

By Laurie Deshane

Mother's Day celebrations can be traced back to the ancient Greeks and Romans, who held festivals in honor of the mother goddesses Rhea and Cybele.

Modern day precedent for Mother's Day is the early Christian festival known as "Mothering Sunday." Occurring on the fourth Sunday in Lent; was originally seen as a time when the faithful would return to their "mother church", the main church in your home town for a special service. Over time the tradition shifted into a materialistic holiday and children would give their mothers flowers and other tokens of appreciation.

Interestingly enough, Mother's Day is not just about appreciating your mom; it is about the reform over the years, advocating for women's rights:

In 1870, abolitionist and suffragette Julia Ward Howe wrote the "Mother's Day Proclamation," asking mothers to unite in promoting world peace and, in 1873 campaigned for a "Mother's Peace Day" to be celebrated every June 2. Both of her "movements" advocated the "ending of slavery" and fighting for women's rights and suffrage (the right to vote!)

Other pioneers included Juliet Calhoun Blakely, a temperance activist (advocating for prohibition of alcohol) inspired a local Mother's Day in Albion, Michigan. Mary Towles Sasseen and Frank Hering, both worked to organize a Mothers' Day in the late 19th and early 20th centuries. Some have even called Frank "the father of Mothers' Day."

The official Mother's Day holiday arose in the 1900s, as a result of the efforts of Anna Jarvis, as her mom always expressed a desire to establish such a holiday. After her mom passed away in 1905, Anna promoted Mother's Day as a way of honoring the sacrifices mothers made for their children.

Jarvis (who remained unmarried and childless her whole life) resolved to see this day added to the national calendar. She argued that holidays were biased toward male achievement. She started a massive letter writing campaign to newspapers and prominent politicians urging the adoption of Mother's Day. In 1914, President Woodrow Wilson signed a measure officially establishing the second Sunday in May as Mother's Day. But she became very disenchanted with the commercialization of it all and even attempted to have Mother's Day rescinded.

Today, Mother's Day continues to be celebrated by showering our moms with gifts and flowers, and it has become one of the biggest holidays for consumer spending (the only part Jarvis, above, detested). It's also nice to give your mother a day off by doing some cooking or other household chores for her.

A mother is like a flower, each one is beautiful and unique! Happy Mother's Day to all the "mom's": whether you're "a stay-at-home" superhero, a working queen, a cool stepmom, or a great "mom mentor"; enjoy your special day!



CORDOVA CORNER NEWS By Laurie Deshane

The **Cordova Mines Recreation Association** did it again, hosting an incredible IRISH feast in March at the Cordova Mines Community Centre. They were entertained by some local musicians and everyone enjoyed a delicious meal. The hall was so packed with hungry eaters, that an extra table had to be set up and there was no leftover stew or taters to clean up!

The **Cordova Mines Recreation Association** will be hosting a Pasta Night on Saturday, May 31st at 6:00 pm at the Cordova Mines Community Centre. Cost is \$20.00 for adults/ages 6-12 \$5.00/and under 5 Free! The Menu includes lasagna, spaghetti, Caesar salad and Italian bread; and, of course, you can't celebrate Italy without some decadent tsunami for dessert! Dinner Tickets are available from Nancy at 613-472-2225 or email getclancy@xplornet.com.

The **Cordova Mines United Church** is having a silent auction during the month of May. Please support your local church and drop in anytime between 9:00 and 9:30 am or 10:30 to 11:00 am on any Sunday to bid. Just a reminder that these events contribute to covering the costs of running the church, ensuring it remains active and engaged within our community.

On June 8, 2025, The **Cordova Mines United Church** will be celebrating the church's anniversary at 10:30 am. More details to follow in June.

Want to unwind and release those tensions? Why not join the **Wednesday** evening session of **Ananda Yoga** held at the **Cordova Community Centre**. Amanda Deline is a certified yoga expert. The next 8 week session begins on May 14 and ends July 2 from 6:30 to 8:00pm. **Drop-ins** are welcome! Grab your mat and water bottle, bring a friend, and sign up for a session to energize yourself this Spring. Uncertain if you would enjoy? Not to worry, Amanda has some **Free** classes available for you to try. For more details of this and other classes available, contact Amanda Deline at anandayogahavelock@gmail.com or follow her on FB at **Ananda Yoga Havelock**.

Shirley Pressick is welcoming a very special speaker from **Norwood Hospice** on May 7th at 1:00pm at her home in Cordova: 2081 County Road 48. Everyone is welcome to attend. Light refreshments served. Please look for more details on Facebook.



	7 Forsyth St. Marmora	
RIDAYS pm - 2:30 r 7 - apr 25	Goodbye Winter - Hello Spring Afternoon energizer for the weekend Belmont Stone Hall 6713 Hwy 7 Havelock	

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MARCH - JUNE 2025

GEMZ N STEMZ AND JOY ESTHETICS OFFICIALLY RE-OPENS IN DOWNTOWN HAVELOCK

By Laurie Deshane

After a calamity of events this past year, Gemz N Stemz and Joy Esthetics have "sprung" into Spring with a fresh modern look! They are officially open and are proud to present you with a newly renovated gift shop and nail salon. They are now located on 15 George Street E. across from the Seniors' Centre.

Rochelle and Joy have now added beautiful fresh cut flowers to their already impressive collection of wares. And if that isn't enough, they are now selling local foods which, includes honey, coffee, preserves, soups, candies, fudge, chocolates and yummy freshly baked goods.

The store continues to showcase an array of merchandise from local artisans. Their collection features stunning pottery, captivating paintings, beautifully crafted leather goods, eye-catching jewelry, trendy t-shirts, and so much more. They sell the cutest crocheted "stuffies that are perfect for the kids, along with a variety of greeting cards for any occasion. And, of course, their exquisite collection of bath and beauty items are simply irresistible.

Joy Esthetics is indeed open for business. Joy is an expert in nail care! She offers regular and gel applications and has an array of colours for you to choose from. Something you might not know about Joy is that she is an extremely talented self-taught artist. Although she doesn't display her work; her talent shines in the unique nail art she provides to her clients. As a client, I can attest that her service is both, professional and thorough; complemented by amazing leg and arm massages as part of her work. Be sure to call Joy and schedule your next nail care experience!

Step into the shop and you might be greeted by something truly magical; the warm strum of an acoustic guitar and the soulful voice of Joy's sister Faith! This perfectly complements the charm of the store itself!

Gemz N Stemz and Joy Esthetics have worked hard to provide Havelock a unique store experience. With their updated inventory and spectacular shop you may never have to leave town. Plus, every purchase supports local entrepreneurs in their journey to thrive and succeed; a "win-win" for everyone! Be sure to drop in and tell your friends too!!!!

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JAWS AT FIFTY? ABSOLUTE MASTERPIECE

Fifty years ago I sat in a packed theatre (remember those?) to screen with about eight hundred other people a new film called Jaws. It was 1975, I was sixteen and film obsessed. I had no idea I was about to see a major work of art, the birth of a gifted new director, and the beginning on the summer blockbuster. For the next two hours we sat in awe, screaming in fear, laughing, falling under the spell of director Steven Spielberg's stunning horror film. Like Psycho (1960) fifteen years earlier, the monster within Jaws was not supernatural, it was a great white shark, a very real predator.

When a twenty five for great white shark begins at ting and consuming alive the swimmers of Amity Island, the local police chief, Brody (Roy Schieder) hires Quint (Robert Shaw) and a cocky young oceanographer, Hooper (Richard Dreyfuss) to head out in Quint's boat to hunt and kill this massive beast.

The brilliance of Spielberg's direction is how he does not show the shark. We catch glimpses of the beast, we see the startling devastation it leaves behind, finally seeing it at the end when it has doomed Quint in its jaws.

The performances are superb, especially Shaw as the crusty shark hunter Quint. The actor has a monologue about why he fears sharks that should have won him an Academy Award, stunning acting. In all the film won three, for musical score, film editing and sound. One other nomination came for Best Picture, but Spielberg, his actors, his director of photography and visual effects crew were snubbed.

There have many frightening films made since but I am not sure the raw, visceral terror of Jaws has, or will ever be equalled. Movies were never the same, nor were summers. Here was a film that was wildly entertaining, beautifully made, perfect in every way, and oddly fun. A reminder that cinema is best shared with eight hundred strangers. We all left terrified that night, and wholly entertained.

And we shared in watching the birth of a kid named Spielberg.

John Foote, a local resident. a world renowned author and film critic will be contributing a monthly article on films to the Rail. We thank John for helping bring film news to our readers.

TYLER BOUTILIER AWARD

By Kim Henderson



Havelock Foodland is generously supporting our Fundraising efforts for the Tyler Boutilier Award, at the Foodland Food Booth at "Celebrate Havelock".

In 2006, the Havelock Community Policing Committee, established this award in memory of OPP Constable Tyler Boutilier, who lost his

life in the line of duty on May 10, 2004.

The Award is presented to a graduating Norwood District High School student who is continuing their education, as well as a student graduating Grade 8 from the HBM elementary School.

Award recipients are those who have demonstrated Perseverence, Strength of Character and Outstanding Caring of their community.

Please drop by the Foodland Booth at "Celebrate Havelock" on May 19th and support us in the continuing Tyler's determination and dedication in the Havelock Community.

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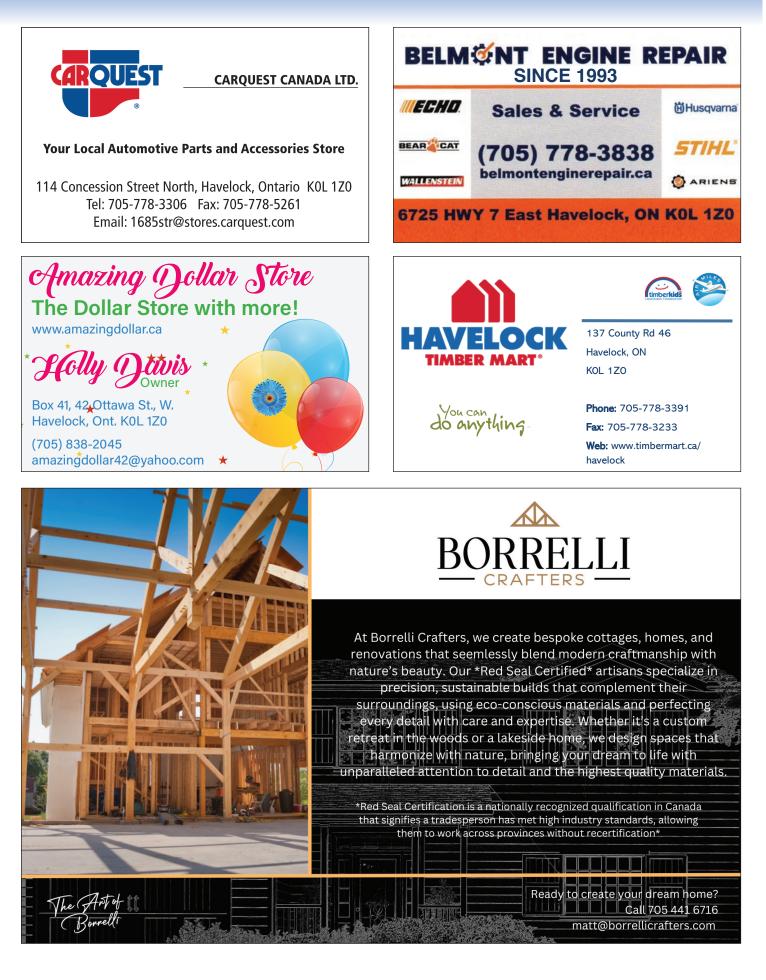


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Edition 71



IT'S ALL ABOUT LOCALLY GROWN!

By Kathy Reid, Norwood and District Horticultural Society

In the days ahead there will be many opportunities, and choices, coming your way as you plan your plant purchases. It can be a great time to buy locally grown. Our area is fortunate to have local growers and horticultural societies offering up a great variety of vegetables, perennials and annuals for your garden.

Buying from local growers makes sense. They know the soil requirements of the plants, their growth habits, how to care for them and ensure your get the most out of the plants (especially vegetables)! You can ask questions about colour, taste, and fragrance as well as which plants do well when placed together (referred to as companion planting). And, you are supporting the economy of your local community!

The Norwood and District Horticultural Society is one source for locally grown plants. The Society will be hosting its Annual Plant Sale on Saturday, May 10th from 8:30 a.m. in the parking lot

next to the Norwood Business Bungalow. This is a one-day sale so be sure to mark your calendar! In addition to a selection of vegetables and perennials there will be gently used books and garden accessories for sale. Payment is cash or e-transfer. You may also be interested in the book sale at the Norwood Public Library the same morning.

On May 13th, we welcome Brenda Ibey as guest speaker to our monthly meeting. Brenda is the owner of the Avant-Garden Shop and she will share her knowledge of attracting birds to the garden. The meeting will be held at the Norwood Legion and doors open at 6:30 p.m. and the meeting starts at 7:00 p.m. Guests are always welcome.

For more information about the plant sale and other events of the Norwood and District Horticultural Society be sure to check our Facebook page.





FIND THE FLOWER:

Find the five Flowers in the ads of our supportive advertisers and send your answers to ottleydeb@gmail.com to win a \$20 gift card from Wildflower Bakery, donated by Paul Stevens.



Bob Rutherford was the winner of the April Tim Horton's gift certificate donated by Pup's Tree Service.

ENVIRONMENTAL TIP OF THE MONTH

By Larraine Roulston

COMPOSTING AN APPLE CORE: To celebrate the first week of May's annual International Compost Awareness Week, the Compost Council of Canada has published a children's book entitled, 'The Apple Core'. This illustrated book is suitable for youngsters and incorporates scientific details intended for adults. To order this inspiring and hope-filled book (\$15 each including shipping), contact The Compost Council by email: info@compost.org.

SPORTS

HAVELOCK HAWKS HEADLINER

By Keri-lyn Toms

All of our teams have now wrapped for the 2024/2025 season!

It was another successful year for Havelock Minor Hockey. Not to toot our own horns but we excitedly placed 4 LEO teams, as well as our popular in-house Hatchling program this year. This has been the most teams HMH has had hit the ice in a number of years. The plan is to keep things rolling into next season as we are confidant that we will place a team at every age group.

A BIG thank you to everyone who played, coached, helped, cheered, organized and supported! It was so awesome to see so many people step up to help make this all possible. It was great to see the arena full of families and friends on game days. I know the players loved all of that support as well!

On March 16th as a year end celebration, our Havelock Minor Hockey teams, along with their families gathered at the Memorial Centre to watch a Peterborough Petes game. The U7 and U9 teams were excited to take to the ice to be flag carriers during the games opening ceremonies. They did such a great job! Before the game started, the U11 and U15 teams took their places on both team's benches to get a front row seat to the Peters warm up. It was a fun and exciting game and all of our players represented Havelock Minor Hockey so well. Thanks so much to the Peterborough Petes for a great night.

Here is a re-cap on our **U9 team**. On March 22 they made the trek to Ennismore to finish up their season in tournament style playoff action. Their first game of the day saw them face off against the Otonabee Wolves in a 7-3 loss for the Hawks. Vimy Ferguson played hard in net and Josh Baldock hustled to net 3 big goals. Josh was also awarded the GOAT of this game. Game 2 of the day was against Apsley. It was a tough 6-1 loss. Scoring for the Hawks was Josh Baldock, assisted by Colton Levere. GOAT of the game was Kinsley Davis-Webster. The next day the U9's headed back to Ennismore for their last game of the year, taking on the Wolves again. It was a real nail biter with Havelock's Josh Baldock scoring his 5th goal of the game to snag them the big win in overtime action. Daxton Whitmore also scored, with assists going to Wyatt Middleton and Baldock. Congratulations to our U9 "D CHAMPS"!

On March 27 the **U11's** headed to Campbellford to wrap up their season taking on the Centre Hastings Grizzlies. This Game ended in a 3-3 tie. The Hawks skated hard and Wyatt Vineham stood his ground in net to keep the Grizzlies out. He earned Player of the game for this. Scoring for the Hawks were Dylan Toms, Cheyanne Gronross and Alex Hamilton. Assists went to Elliott Hebor, Kohen Chappell and Toms. The second game ended in a 3-1 loss for the U11 team. Scoring was Dylan Toms, assisted by Cheyanne Gronross. Dylan Toms earned player of the game. With the freezing rain taking over town, their 3rd game (as well as the rest of the tournament playoff action) was postponed until April 12th. This game ended in a 3-0 loss against the Grizzlies. A big thanks to Lincoln Hall for stepping up to play goalie for the game and to the whole U11 team who played hard despite missing players and goalie Wyatt. Congrats on being "H Finalists"!

The weekend of March 21st saw the **U15 team** travel to Douro to take on the Lakefield Chiefs. The Hawks ended the game in a 6-3 loss. Putting pucks in the net were Colton Brown, Hewitt Toms and Dougie Bayne. Earning the assists were Riley Grant, Lochlan Brown, Mason Leavitt and Kaelan Chambo. Dylan Frater worked hard to keep the Chiefs out. Their second game saw them meet up with their season rivals, the Colborne Firehawks. Havelock came out on top and skated away with the win beating the Firehawks 4-1. T.J Arrundell stood tall between the pipes, keeping all but one out of his net. Third game action was against the Quinte West "Little Caeser's" team. The U15's hustled to get the win in a 5-2 game. Colton Brown scored twice with Hewitt Toms and Riley Grant netting one each. Grant had 2 assists. This win secured the Hawks with the "H Championship". Way to go Hawks!

We will be celebrating our end of season with all of our teams and players on April 16th with our year end banquet.

Havelock Minor Hockey will be holding our Annual General Meeting on May 6th at 6:30 pm. Upstairs in the Lions Hall.

We will be looking for volunteers, bench staff and voting in new executive members.

All are welcome and encouraged to attend. Bring your ideas, questions and suggestions.

LIBRARY NEWS By Nancy Law, Havelock-Belmont-Methuen Public Library

Well, hopefully May will be a great month to start to explore the great outdoors. For the keen gardeners why don't you visit our database resource Libby, where you can enjoy gardening magazines. Libby has over 5000 magazines including just naming a few, Organic Gardening, Gardens Illustrated, and House and Garden. They even have back issues. After a long day in the garden you can curled up with National Geographic or Chatelaine!

We again have Ontario Park Passes which are complementary day use vehicle permits allowing library patrons access for one vehicle and the occupants at more than 100 provincial parks where fees are normally charged.

The Havelock Library will be having Saturday Book Sales starting Saturday May 17.

For more information and for events happening please check out our webpage at www.hbmlibrary.on.ca, our Havelock and Cordova Libraries Facebook page or contact either the Havelock Library at 705-778-2621 or the Cordova Library at 705-778-2721.

HAVELOCK FARMER AND ARTISAN MARKET

The Farmer and Artisan Market is accepting online applications for the 2025 market season which runs from Friday May 16 to Friday October 10. Go to "Havelock Market" to complete an application and get more information about the market.



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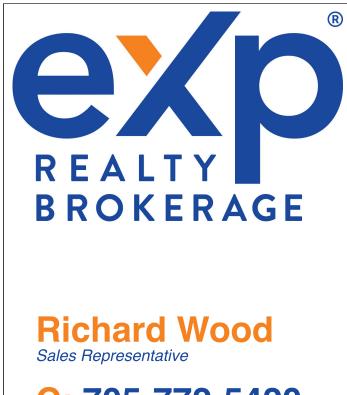


Edition 71



Royal Canadian Legion Havelock Belmont Br 389 8 Ottawa St E. Havelock FOR RENTAL CALL MICHELLE 705 778 3728 OR 416 605 5822 Email: rclegionbr389@gmail.com





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RECIPE

LEMON LOAF

By Kathy Clement

Ingredients:

- 1/2 cup butter
- 1 cup white sugar
- 2 eggs
- ¹/₂ cup milk
- 11/2 cups All purpose flour
- 1 tsp baking powder
- 1/2 tsp salt
- 1 lemon, grated rind

Glaze:

- 1 lemon, juiced or 2-3 tbsp lemon juice
- 1/4 cup granulated sugar

Preheat oven 350° F. In large bowl, cream butter, sugar and 1 egg. Beat in second egg. Blend in milk. In second bowl thoroughly stir flour, baking powder, salt and lemon rind. Pour over batter, Stir to moisten. Spoon into greased loaf pan 9 x 5 x 3 inch. Bake for 1 hours or until tests done.

Remove from the oven and glaze. Combine lemon juice and sugar in small saucepan. Heat and stir to dissolve sugar. Spoon evenly over hot loaf. (I poke holes in the loaf with a fork)

COLOURING CONTEST

Children age 2-6 and 7-12 are welcomed to enter. Colouring pages and deadlines can be found at the Havelock Rail Colouring Contest Page on Facebook. Winners will be posted in the Havelock Rail. We have decided to limit to 6 contests per year.

THESE HOLIDAYS: EASTER, MOTHER'S DAY, FATHER'S DAY, HALLOWEEN, CHRISTMAS, AND VALENTINE'S DAY.





Your Family Matters

MARTIN ALEXANDER PARTRIDGE, LAWYER Bachelor of Science, *McMaster University* Juris Doctor, *Osgoode Hall Law School*

(705) 778-7878

MartinAlexanderPartridge@eagle·ca P.O. Box 1 Havelock, Ontario KOL 120



HAVE A LEGAL QUESTION? CALL FOR FREE HOUR CONSULTATION ON ANY TOPIC

BELMONT-METHUEN AND HAVELOCK HISTORICAL SOCIETY

On May 14th at 10:30am, our members will meet to elect directors for the upcoming, possibly very eventful, year. At present we still meet in the basement of the library, however our future here seems uncertain. We continue to work on our inventory and the collection of family histories, artifacts and community lore. We had hoped by the end of April to invite the public in for a look at our progress but unforeseen circumstances don't allow that as yet. In the meantime our volunteers are busy here on Wednesday mornings after 9:30am and our public meetings are held the second Wednesday of each month. Please feel free to join us. Watch this space for news of our future plans.

If you have a teen looking for community service hours, we plan to offer these opportunities during the summer months. Please call Diane at 705-768-4895 or 705-778-7896 for more information.

COUNCIL CORNER By Paul Stevens

By Paul Stevens

Council Corner has been a feature of the Rail since we began publishing over five years ago. Donellda Fraser has done an excellent job of keeping readers up to date on council activities. However HBM Council has arranged for the public to access council meetings and information via the internet and we are going to pause publishing Council Corner. See information below.

Access to Council Meetings Information: Go to Google and type in HBM Council Calendar. You will be taken to a page that provides a link to "Agendas and Minutes. Click on this. On that page, click on Council and Committee Calendar. Once on the Committee and Calendar page, select a date for the meeting you are looking for. And you will be able to call up the Agenda. Any given meeting will have a link that provides access to the Zoom connection for the meeting. You can also access the Agenda for that meeting. Typically, the Agenda for any meeting will explain what is going to be discussed at that meeting and will have the Minutes of the previous meeting for reference if that is what you are looking for.

If the meeting is over, you can go to YouTube and search for "HBM Council Meetings. Select the meeting you are interested in, and you can watch the Zoom video of the meeting.

HAVELOCK CANADA DAY PARADE 2025



This year's Canada Day Parade (July 1, 2025) will be here in no time and planning is already underway, thanks to the Havelock Lions.

If you or someone in your family is interested in being part of the parade, or if you have any questions about participating, email Lion Sue T at lionsuet@gmail.com.

If your kids want to ride their bike in the parade, or you have a float you want enter, or an antique car you'd like to drive in the parade, get in touch with Lion Sue T lionsuet@gmail.com to learn more and to register.

There will be prizes for floats and kids on bikes, and a bunch of good old fashioned Canada Day fun.

OBITUARY



PETER JOHN CLEMENT - August 13, 1944 - April 7, 2025

On a beautiful sunny day, Pete departed for "where he came from," as he often said, with his partner and wife of 43 years, Kathy, and his dear friend, Donna Hawkins, by his side.

Born and raised in Port Hope, Pete was predeceased by his parents and sister. He began his career with the City of Peterborough, serving as a First Class Constable for 13 years before becoming the owner/operator of Gord's Towing in 1979. Pete operated the business for 33 years before deciding it was time to retire. In 2012, Pete and Kathy moved to the village of Havelock, where Pete rekindled his passion for golf and learned to play bid euchre. He served as the President of the HBM Seniors Club for six years until his health necessitated his resignation. Pete had many passions, including golf, fishing, and NASCAR, but above all, he cherished his life and friendships. Recognizing the decline in his health, he opted to celebrate his 80th birthday as his "Live Celebration of Life" last August. It was a truly amazing day, and he enjoyed it immensely. Thank you to everyone who attended and made it special for him. Special thanks to CMH, PRHC, Peterborough County Paramedics, VON, Dr. Andrew Binette, and the HBM Volunteer Fire Department for their many "lift assists." In accordance with Pete's wishes, there will be no further celebrations of life, once was enough! If you would like to honor his memory, please consider making a donation on Pete's behalf to either CMH or PRHC.



H-B-M HAPPENINGS



Township of Havelock-Belmont-Methuen 1 Ottawa Street E. P.O. Box 10, Havelock, ON K0L 1Z0 www.hbmtwp.ca • Email: havbelmet@hbmtwp.ca Phone: 705-778-2308 Fax: 705-778-5248

Please note this was sent to publication as of April 22nd, 2025

OFFICE CLOSURE:

The Township Office will be closed on Monday May 19, 2025 for Victoria Day. Enjoy a safe and happy Victoria Day weekend.

COUNCIL MEETING SCHEDULE:

Please note all meetings are hybrid, which means they are open to the public within the Council Chamber and virtually via zoom. The Zoom invitation link is available to all and can be found on the first page of the Regular Council Agenda.

- Tues. May. 6, 2025 @ 9:30am Regular Council Meeting
- Tues. May. 20, 2025 @ 9:30am Regular Council Meeting

Meeting dates are subject to change, please visit the Township Website https://events.hbmtwp.ca/council for more information including agendas and supporting documentation.

PUBLIC WORKS:

Hydrant Flush Notice: The Public Works department will be flushing hydrants, as part of our maintenance program. Here are the dates:

- Monday, May 5th to Friday, May 9th
- Monday, May 12th to Friday, May 16th

During this time residents may experience discoloured water. If this occurs, it would be advisable to refrain from doing laundry or using hot water until it clears. Your cooperation in this matter is greatly appreciated.

REQUEST FOR QUOTATION:

Sealed quotations plainly marked as to contents, will be received by the undersigned until 11:00am, Wednesday, May 7, 2025 for the following:

Granular Materials for Maintenance and Construction Season 2025 - RFQ # PW-2025-01

Hired Equipment for the Construction Season 2025 - RFQ # PW-2025-02

All quotations are to be submitted on forms available on the Township of Havelock-Belmont-Methuen website www. hbmtwp.ca or by emailing lhutton@hbmtwp.ca.

Lowest or any quotations not necessarily accepted.

Peter Lauesen - CRS Manager of Public Works 705-778-2481

HBM FIRE & EMERGENCY SERVICES:

Spring Cleaning Your Yard? Check Local By-laws before Open Air Burning.

Before starting any fires or burning brush, the Havelock-Belmont-Methuen (HBM) Fire & Emergency Services is advising residents to contact them regarding any restrictions governing open air burning.

Spring Outdoor Cleanup. Planning to Burn?

Cleaning up debris and limiting the level of flammable vegetation surrounding your home is good practice. Some folks may choose to burn brush and yard debris on their property. Before you light that fire, make sure you:

- Check local by-laws A burn permit is required with specific conditions for burning.
- Follow By-Law 2017-075 Available on the Township website www.hbmtwp.ca or at the Township Office.
- Know what's allowed This includes outdoor fireplaces and some cooking fires (not including the BBQ).

Fire Safety Matters

- Whether you're at home, the cottage, or camping, always make fire safety your priority For you, your home, your neighbors, and the surrounding area.
- Some outdoor appliances used are not recommended because there is potential for personal injury, property damage and an increased risk of a grass fire.
- Open air burning, especially if left unattended, can become difficult to control and can result in a serious widespread fire.

Have Questions?

For more information on open air burning, contact HBM Fire & Emergency Services @ 705-778-3183.

CEMETERY BOARD:

The Council of the Township of Havelock-Belmont-Methuen invites applicants to serve on the Cemetery Board: Volunteer appointments will expire with the term of Council on November 14, 2026.

Cemetery Board (1 Appointment): The Township of Havelock-Belmont-Methuen Cemetery Board is governed by the Funeral, Burial and Cremation Services Act, 2002, as amended, and as administered by the Bereavement Authority of Ontario. The Township of Havelock-Belmont-Methuen Cemetery Board shall manage and oversee the operation of all cemeteries within the Township of Havelock-Belmont- Methuen.

For more information on Municipal Service Boards and Committees of Council, including Terms and Reference materials, please visit the Township website www.hbmtwp.ca.

Please submit the 'Municipal Volunteer Application Form' Online, via e-mail, fax, regular mail or drop-off to the Municipal Office by May 15, 2025 to:

Leah Hutton, Acting Deputy Clerk Email: lhutton@hbmtwp.ca • Fax: (705) 778-5248 1 Ottawa St E, PO Box 10, Havelock, ON K0L1Z0

COMMUNITY CALENDAR OF EVENTS A List of Local Events in Your Community

MONDAY

Community Care: Seated Yoga every Monday at noon (17 Smith Dr.). Community Care: Blood Pressure Clinic May 5, 12 from 9:30-10:30am. (17 Smith Dr.).

Community Care: Zoom Exercises please contact CC at www.zoom.us or call the office.

Havelock Seniors: Chair Yoga from 11am-12pm. Havelock Seniors: Shuffleboard at 1pm. \$5pp.

TUESDAY

The Legion: Zumba exercises for seniors, 9:30-10:30am.

The Legion: Cardio & Weights 10:45-11:45am (bring your own weights). Community Care: Zoom Exercises please contact CC at www.zoom.us or call the office.

Havelock Seniors: Regular Euchre from 7-9pm (bring a snack to share).

WEDNESDAY

The Legion: Line Dancing from 9:30-10:30am.

The Legion: Cardio & Weights from 10:45-11:30am (bring your own weights). The Legion: Body Balance from 11:40am-12:15pm.

Havelock Centre: TOPS (Take off pounds sensibly) 5:30-8pm.

Community Care: Zoom Exercises please contact CC at www.zoom.us or call the office.

Cordova Community Centre: Yoga every Wednesday, 6:30-8pm. \$20. Please call or text 705-760-1296 to ensure that a class is running.

Havelock Seniors: Monthly Luncheon May 14, 12pm \$10.

Community Care: Diners Club May 7 at the United Church. \$14pp.

Havelock Seniors: Line Dancing every Wednesday from 6:30-7:30pm.

Belmont Methuen Historical Society: Monthly Meeting May 14, 10:30am-12pm in the library basement, Cn 705-768-4895.

Havelock Seniors: Mid Weak Jammers 1pm to 3pm (the 2nd Wed of each month will start at 2pm).

THURSDAY

Havelock Seniors: Chair Yoga from 11am-12pm.

Havelock Seniors: Bid Euchre every Thursday at 12:30pm.

Community Care: Zoom Exercises please contact CC at www.zoom.us or call the office.

Havelock Centre: Career Edge Hub 9am-12pm, free drop in employment counselling & services.

Havelock Centre: Men's Night at 7pm every Thursday (discussion group with snacks).

The Legion: Dart Warriors at 7pm every Thursday. Everyone welcome.

FRIDAY

The Legion: Mixed Fun Darts at 7pm. All welcome.

The Legion: Shuffleboard from 1-3pm. Everyone welcome.

Havelock Centre: Open Mic Music Night 1st & 3rd Fridays at 6pm. Any questions please call Rolf at 705-875-8018.

Havelock Centre: Second Harvest Food Program 2nd & 4th Friday 10-11am. Havelock Seniors: Line Dancing Level 1 every Friday from 10-11am. (None on the 2nd Friday).

Havelock Seniors: Cribbage every Friday at 1pm. \$5.

SATURDAY

Havelock Seniors: Bid Euchre Tournament May 3, doors open at 11:30am and food is available \$.

The Legion: Meat Draw every Saturday at 1pm (8 Ottawa St.). (For Hall rentals contact Michelleoconnor309@gmail.com, 416-605-5822 or 705-778-3728).

Havelock Seniors: Purse Auction May 31, Lunch served at 12pm & Auction starts at 1pm.

Cordova Rec Group: Lasagna Dinner May 31 at 6pm. Adults \$20, Ages 6-12 \$5.00 and 5 and under free.

SUNDAY

Havelock Stone Hall Sessions Concert Series: 4th Sunday of every month at 2pm (Highway 7 and 6th Line.).

Havelock Seniors: Bingo every Sunday at 6pm, doors open at 4:30pm, light lunch available.

SUNDAY - CHURCH SERVICES

St. Johns Anglican Church 1st and 3rd Sunday Communion.
Havelock Fellowship Baptist Church 10:30am.
Havelock & Trent River United Church 10am (Havelock).
Our Lady of Mount Carmel Catholic Church Mass at 9am.
Cordova United Church 9:30am every Sunday.
Knox Presbyterian Church 11am-12pm.

ATTENTION ALL SERVICE CLUBS, ORGANIZATIONS, CHURCHES AND COMMUNITY EVENT PLANNERS. Please submit your events to havelockrail.cevents@gmail.com prior to the 10th of each month.