

## HAVELOCK RAIL

SERVING THE GREATER HAVELOCK AREA

October 2025 Edition 76

## BELMONT WOMEN'S INSTITUTE HOSTS NORWOOD HOSPICE

By Kathy Clement



On Tuesday September 9th I was asked to join a presentation by Hospice Norwood. I have met the program coordinator Edna Latone numerous times, and she is so eager and willing to share information about something that is near and dear to her heart.

Edna brought home a couple of points. First thing is: when you or a family member is diagnosed, that is the time to reach out to Hospice.

Also, all services are FREE.

To date, Hospice Norwood has raised over \$600,000. These fundraisers help pay for the upkeep of Stewart House and the long-term Norwood plan to have hospice beds available for community members at the end of life.

Currently, Norwood Hospice, in their partnership with Hospice Peterborough offers a wide array of services. Some to the families in their homes and others at the house in Norwood as well as referral to programs and residence at Hospice Peterborough.

There is a visiting volunteer program that can offer weekly visits at your home. This can be to give the caregiver a break, help the person going

through the illness to create legacy projects, and have someone just to talk to. This service, like all other Hospice Norwood and Peterborough programs, is free to access.

Some of the other programs offered locally and/or in Peterborough are:

Illness support program, Grief support, Caregiver group, Visiting Volunteers, Family and Child support, and Palliative Care system navigation.

There is so much to learn about our local Hospice. Edna says the 5 best ways to help out are:

- 1) Use the programs (they are free)
- 2) Tell your friends
- 3) Volunteer
- 4) Support fundraising (Toonie Auction, Carnival, Hike for Hospice, etc.)
- 5) Follow on Social Media

If you would like more information, please reach out to Hospice Norwood 705-660-3737. Please feel free to contact Edna Latone, Norwood Program Coordinator at elatone@hospicepeterborough.org. BJ Ross, Volunteer Services and Rural Outreach Coordinator, bross@hospicepeterborough.org.

If you would like to drop in and take a tour of the Norwood facilities, there is lots of parking at the rear of the property located at 4219 Hwy. 7 (please call 705-660-3737).

#### WHAT'S INSIDE

Check out what's happening in your community

Look for news and updates from local community groups

H-B-M Happenings on page 19

Check out local businesses



SEE PAGE 8 FOR INFORMATION ON CORDOVA MINES RECREATION ASSOCIATION CAR SHOW

## **CONTACTS:**

For the Editor: havelockrail@gmail.com havelockrail.news@gmail.com havelockrail.finance@gmail.com havelockrail.cevents@gmail.com havelockrail.announcements@gmail.com havelockrail.classifieds@gmail.com

If you have news stories, advertisements, announcements, classified ads or coming events, contact the appropriate email address above or mail to PO Box 660, Havelock, K0L 1Z0

Layout & Design: Silverstreak Creative Design

#### SUBSCRIPTIONS

The Havelock Rail is distributed free of charge to all K0L 1Z0 postal codes. Distribution outside of our postal district is significantly more expensive so we must charge a subscription fee. If you would like to receive the Havelock Rail in your mailbox, contact us and we can arrange delivery. There will be an annual fee of \$40.00 for 12 monthly editions.

### **ELMER'S EDITORIAL**

Thanksgiving is just about upon us and we need to reflect on all that we have to be thankful for. There is a popular motto in agricultural circles which says "if you ate today, thank a farmer". In recent editorials, we have emphasized the need to buy local food and support Canadian farmers. When we shop local, we are supporting local farmers but there is much more we can do to support farmers. We need to protect farmland from urban sprawl. We need to support planning and taxation policies that allow farmers to continue to farm and allow young people to choose farming as an occupation. Young or new farmers cannot compete with developers when looking to invest in a farm. Taxes should be based on what a reasonable income from farming is in their municipality. Property taxes should not be based on what a recently big city homeowner is willing to pay for a farm that may not continue to be farmed.

Back in the early 1990's a tender fruit (sweet cherry) farmer told me that for him it made no sense to grow cherries when he could sell one acre building lots off his farm for one million dollars. We have very few cherries now growing in the Niagara region. If we don't soon find a way to save farmland at an affordable cost for farmers, we will continue to import our food until it is no longer available. And then where will we get our food? Asphalt does not grow many crops!

We can also be thankful, at this point, we have governments that represent and work for all the Canadians.

Hope to see you at the Norwood Fair!



MARC FINLAY SALES & SERVICE 73 MATHISON ST. E HAVELOCK, ON KOL 120

705-740-7747

mkfinlay20@gmail.com







## STATION PLACE IS OPENING THEIR DOORS

By Emily Gerow



We are thrilled to announce the grand opening of **Station Place**, a brand-new AON Long-Term Care Home dedicated to providing compassionate, high-quality care in a warm and welcoming environment. Located at **628 Old Norwood Road**, **Havelock**, Station Place is designed to be a place of comfort, dignity, and community for our residents and their families.

To celebrate this exciting milestone, we invite you to join us for an **Open House** on **Friday, October 24, 2025**, from **2:00 PM to 4:00 PM**. Come tour our state-of-the-art facility, meet our team, and learn more about the care and services we offer. Light refreshments will be served.

As we open our doors, we are also welcoming **volunteers** from the community who want to make a meaningful difference. We are currently seeking:

- Entertainment Volunteers Musicians, performers, and activity leaders to engage and uplift residents.
- Spiritual Care Volunteers Individuals with a heart for offering spiritual support and companionship.
- **General Volunteers** Friendly helpers to assist with visits, programs, and resident activities.

Whether you have a few hours a week or are looking for occasional ways to give back, your time and kindness are truly valued.

Please join us on **October 24th** to celebrate, connect, and explore how you can get involved! **For more information or to express interest in volunteering, please contact:** Emily or Joanne at 705-740-1690.

## **Your Family Matters**

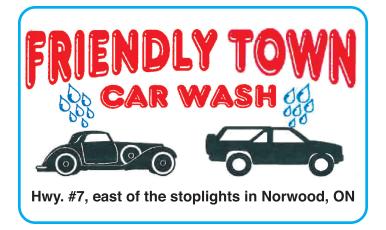
MARTIN ALEXANDER PARTRIDGE, LAWYER

Bachelor of Science, McMaster University
Juris Doctor, Osgoode Hall Law School

(705) 778-7878

MartinAlexanderPartridge@eagle·ca
P.O. Box 1 Havelock, Ontario KOL 1ZO

HAVE A LEGAL QUESTION? CALL FOR FREE HOUR CONSULTATION ON ANY TOPIC











I make it easy for you to make your wishes known. 705-778-1688

Shannon Ross, Barrister & Solicitor initial consultations are always free - info@willdo.ca

PERSONAL- APPROACHABLE - AFFORDABLE



## #7 AUTO PLAZA

6725 Hwy #7, East of Havelock

**AUTO REPAIR – 24 HOUR TOWING**Serving All Roadside Assistance Providers

705-778-3027

YOUR LOCAL CAA PROVIDER





# ENTERING OUR SWIFT CANADA ERA AT THE ANNUAL FIELD DAY WITH ROUND LAKE COTTAGERS ASSOCIATION

By Melissa McGowan





On a sunny Sunday afternoon of the long weekend, close to 300 RCLA cottagers, families and friends gathered for the Annual Field Day. This year, **FIRST60** along with the PRHC Trauma Program brought injury prevention to the community with awareness of the local Stop the Bleed Program and SWiFT Canada. Taking a page out of Taylor SWiFT, the team brought fun and a bit of sparkle to the day with SWiFT friendship bracelet making

and face painting...and lots of learning to our community – including a few gift baskets with Stop the Bleed tshirts, tourniquets and class passes thrown in to the Dime Sale.

**SWiFT Canada** is Canada's first prehospital trauma transfusion trial. Launched in December 2024, it is an ongoing study in which Ornge gives either whole blood or components of blood (red blood cells and plasma) to a critically injured and bleeding patient prior/during transport to a lead trauma hospital (such as St Michael's, Sunnybrook, London, Hamilton, Kingston or Sudbury) in Southern Ontario. This study offers the first civilian use of whole blood outside of military use along with plasma (a type of blood component that is often only available in a hospital). The

study will run for a year and is helping to build not only a collaborative network but importantly a learning system.

As part of **SWiFT Canada**, FIRST60 are attending a number of community events across Southern Ontario, and this August long weekend saw them in our local community. As part of community engagement, the team was at Field Day to hear and learn what people know about the health care system, what happens if you have a medical emergency (such as a car, motorcycle, ATV injury or fall from the roof) and need treatment, as well as thoughts on being enrolled in research.

To learn more about FIRST60, please visit their website at FIRST60.

#### STOP THE BLEEDING TRAINING

Register to learn the skills and basic tools needed to stop uncontrolled bleeding in an emergency situation. Learn proper bleeding control techniques, including how to use your hands, dressings and tourniquets.

Training sessions are \$50 for community members and will be held monthly. Upcoming courses include: Wed, Sept 24; Wed, Oct 29th; and Wed Nov 26th.

To learn more, please visit their website at Stop the Bleed Training - PRHC or email them at stopthebleed@prhc.on.ca.



20 George Street West, Havelock 705-778-2231

76 Bridge Street North, Hastings 705-696-2222

Funeral Directors—ROBERT S. EDWARDS & EMMA A. KLOMPMAKER

We honour the life lived, and not just the loss. Our condolences to the families we have served.

GAVIN ROBERTSON ALLAN WARD KEITH QUACKENBUSH

ALBERT PRESTON JANICE BELL DOREEN BARAN

Your Local, Community Funeral & Cremation Provider

www.brettfuneralchapels.com



## PHOTOGRAPHER'S CORNER

The Rail invites photographers to submit photos from the Greater Havelock Area for publication to havelockgail@gmail.com.







nica de sav



www.creativeandplayfulcounselling.com



## 1885 - 2025 Knox Presbyterian Church, Havelock, Ontario





This year Knox Presbyterian Church in Havelock will be celebrating its 140th year anniversary in the Lord's service.

It is with heavy hearts to announce Knox will be closing its doors and our final service will be on October 26, 2025 at 2:00 pm officiated by Rev. Tom Cunningham with lunch following.

Please join us as we celebrate our Church, its light and our life along with many memories of past and present members.

## A FINAL AMEN: "KNOX PRESBYTERIAN CHURCH" DOORS CLOSE IN HAVELOCK

By Laurie Deshane



The Knox Presbyterian Church has been a part of Havelock for 140 years, a quiet witness to generations of faith and fellowship. Now, with only ten members remaining, the challenge of maintaining the building has led to the difficult decision to close its doors. Lenna and Bob Rutherford, alongside Marie McClure, Doris Embleton, Ria Gratton, Lamoine Hodge, Darla Hodge, Kelly Gaebel, Barry Alane and Reverend Tom Cunningham, have been devoted long-standing members. Bob himself has been a member for 80 years. For many it will be a bittersweet farewell but when one door closes; another quietly opens. Though the future may seem unclear, Lenna has been graciously welcomed into the United Church in Trent River; perhaps her new journey has already begun.

The Knox Presbyterian Church congregation was formed years before there was ever a church in Belmont Township! In 1833, Rev R.M. Roger would take the long journey from Peterborough (originally Scott's Plains) to Norwood on Monday nights to hold a divine service. Faithful, pioneer families of Havelock-Belmont Township included the Mathison's and the Buchannan's, the Bannon's, Sanderson's and Gardner's who all walked through the woods in the hot summers and cold winters (in knee-deep snow) to Norwood for this service!!

As early as 1840, a cluster of strong Presbyterians formed in Belmont Township and they realized they needed their own church. The railway was built which resulted in a growth in population creating demand for new homes and stores. William Mathison donated land

(at the S.E corner of the 9th Concession in Havelock) for the Pine Grove Cemetery and a church. While the organization of the church began in 1883, Knox Presbyterian Church was officially inaugurated in 1885 following the transfer of membership certificates from the Norwood Presbyterian Church. Peter Buchanan, who moved to Norwood in 1854, became a member of the St Andrews congregation in Norwood. After his ordination, he was the first to hold services at the Pine Grove Church in Belmont Township. The congregation decided to move and built the present place now located on George Street in Havelock.

#### Date Trivia: A Glimpse into Knox Presbyterian Church's Past

In June, 1904, there was a fire in Havelock which destroyed the roof of the church and the manse. In 1905, electricity was introduced to the church. In 1918, a fire in the Havelock Bank destroyed early records of the church as they had been stored there by the manager who was also the treasurer of the Church. In 1924, the movement to unite the Methodist, Congregational and Presbyterian Churchs reached its climax. However, in November, 1925, a vote was held and the decision was made to remain independent, with 136 members choosing to stay. In 1934, a union between Norwood, Hastings and Havelock was suggested and it was rejected. Finally, in 1937, it was agreed upon that Hastings, Norwood and Havelock would amalgamate. It was then recommended to sell the Havelock manse and it was sold to Bell Canada. In 1985, the ladies of the Knox Presbyterian Church formed the "Havelock Auxiliary to the Women's Foreign Missionary Society". And now in 2025, as in many communities, this church now faces the difficult decision of closure and a part of our local history will be gone forever. Attendance has steadily declined, and without a sustaining congregation, the church can no longer exist!

Please join them on October 26, 2025 at 2:00 pm for their final service officiated by Rev. Tom Cunningham. Share in memories past and present from the last 140 years! Everyone is welcome to attend this special service of light and life! Lunch will follow.







## **CORDOVA CORNER NEWS**

By Laurie Deshane





On August 23rd, 2025, the **Cordova Mines Recreation Association** hosted their second annual Car Show and it was a smashing success! More than 90 vintage cars and trucks rolled in, shining bright, for everyone to enjoy. Each vehicle has its own story; a celebration of craftsmanship and nostalgia reminding us that even in changing times, some things never lose their charm. It wasn't just the vehicles that drew the crowds; there was something for everyone. Live music filled the air, children played in the bouncy castle and had their faces painted, and the BBQ kept everyone well-fed and smiling. The auction table was filled with generous and unique donations; and the 50/50 draw ended the day! A fun and entertaining day for everyone!

Halloween is quickly approaching, and you're all invited to the annual FREE Kids Halloween party sponsored by the Cordova Recreation Association. Join them at the Cordova Community Centre on October 25th, from 11:00 am to 1:00 pm sharp for a fantastic, family-friendly event, featuring games, treats, drinks and a costume contest.

Later that evening, the fun continues for the **19+** crowd. Come back to the **Cordova Community Centre**, in full costume at **8:00 pm** for an entertaining night with friends and family. For just \$10.00, enjoy music, dancing, drinks, and a chance to win the 50/50 draw. For more information about these exciting volunteer-run community events, please contact Nancy at 613 472 2225 or getclancy@xplornet.com

The Cordova Mines Recreation Association is always looking for enthusiastic volunteers to join their team. Whether you are passionate about organizing events, helping with community beautification, the Santa Claus Parade, July 1st fireworks or community suppers, there's a place for you! Come out to one of their meetings held on the second Thursday of each month at the Cordova Mines Community Centre. It's a great way to meet people and make a difference in your community.

Every autumn, the **Belmont Lake Cottage Association** hosts a scenic **fall hike**. This year it takes place on **Saturday**, **October 4th**, **2025**. Take a walk through the Mill Pond Forest Trails in Norwood and enjoy the natural beauty of the woods. For more information contact Ellen Walsh at ellen. walsh@blca.ca. Meet the group at 9:30 am sharp!







## **MENTAL HEALTH TIP**

By Hannah Lewis, Creative & Playful Counselling

Fall is here! It brings a feeling of freshness as the weather cools off. A new form of beauty as the trees provide us different colours in the landscape to admire. It can bring along feelings of vitality - renewed energy and enthusiasm. Now we begin looking forward to and enjoying seasonal celebrations!

At the same time we are seeing beloved gardens die or go dormant. We may be hit with cold days that cause an ache in our bones or find that the shortening days cause a decline in our mental health. We may find that we need to find a way to keep our positive attitudes that felt so natural in the warmer months.

How can we hold onto that? How can we keep the "relaxing summer" mindset all year long? Here are some mental health tips to inspire you.

1. Watch for local festivals to keep you active - Norwood Fall Fair, Santa Clause Parade, and the Fire and Ice festival are always crowd pleasers!

- 2. Give yourself permission to curl up by a heater, with a cozy blanket, and read a book. It's okay to stay home if that's what feels right.
- 3. Consider a fall art project that can be taken outside on a nice day or done inside when the weather is just not enjoyable (knitting, painting, drawing, etc).
- 4. Bundle up, pull on those hiking boots, and don't let the colder weather keep you in! Cold weather is a part of nature to explore!
- 5. Find a friend who can hold you accountable for getting outside. Have regular meet ups to go for walks.
- 6. Set a flower arrangement or a plant inside.

If you spent time taking care of yourself the last few months, then you may have gotten pretty good at it! The temptation will be to forget about your new habits and go back to living the same way you did before. Back to stressing about everything, back to ignoring your need for self care.





James Bell, Manager ibell@havelockhh.com

#### Havelock Home Hardware

T: 705-778-1222

Store hours: Mon-Sat 8-6pm and Sun 9-4pm



- **3** 705=778=2666
- **ib\_property2025@outlook.com**
- Q 3492<sup>rd</sup> Line, Havelock, ON





MICHELE MEIER, CEA Certified Executor Advisor

Access higher deposit interest rates over the big banks!

GIC RATES Contact Paula Meier Associates

3.93%

4.07% 3.92% 3 YEAR

3.92% 4 YEAR

3.94%

No Fees!

RATES ARE SUBJECT TO CHANGE. CONDITIONS & MINIMUMS APPLY, CDIC OR FSRA INSURED Non-Registered GIC Rates shown. Please call for TFSA, RRSP or RIF rates.

23 Doxsee Ave. N., Campbellford • 705.653.1606 | Toll Free: 888.327.2852 • www.paulameier.com





## **HAVELOCK** COMMUNITY PHARMACY

- > Fast Friendly Service
- > 15% Seniors Discount Everyday





Steve Petherick

### Open 7 days a week

- > Free Delivery
- Gift Shop
- Prescription Transfers made Easy

705 778 3368



#### **PSYCHO (1960) AT 65**

Perhaps the most influential horror film ever made turns sixty five years old this year and to its credit still packs a whallop. Directed by Alfred Hitchcock, the film was a low budget picture from Universal, not expected to do much at the box office, but then Hithcock outlined his rules for theatres playing the film. First he pleaded to film critics not to give away key elements of the plot and to their credit, they did not. Then he dictated that no one could enter the cinema once the film had began. He shot it in black and white, there is a vicious murder scene in which I still encounter people telling me how many times the victim was stabbed when in fact we never see the knife puncture her flesh once. We see the killer slahsing at her, we see her reaction, we see blood going down the drain a nd we see her fall and her open dead eye as she lies on the floor. It is without being so incredibly violent. Hitchcock's rule was less is more and he was right.

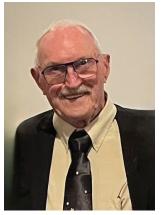
The film tells the story of a woman in an affair with a young man who steals a large amount of cash from her boss and heads out of the city to run away with her man. Tired of driving she pulls into the Bataes Motel to rest and encounters the son of the owner, the odd Norman Bates, portrayed by Anthony Perkins, who seems like a shy young momma's boy. He will murder her in the shower, dressed as his mother and prove to be utterly insane. He keeps his mother, long dead, stuffed in the attic wayching over things.

AMong the innovations in the film was the fact Hitchcocks cast a major star, Janet Leigh and butchered her thirty minutes into the film. The marketing of course was very innovative and added to the mystery of the film. It was one of the first films where the monster within the movie was not a supernatural creature, no vampire, mummy, werewolf but very disturbed boy next door. Who knew there could be such danger lurking at a smalal town motel? How many corpses did the pond out back hold? How many women had Norman murdered in the shower.

Psycho was a huge hit at the box office and elevated the horror film to something stronger, realistic and more frightening. It has influenced generations of films since. Nominated for five Academy Awards including Best Director for Hitchcock, it was the one he should have woan his Oscar for but sadly did not. An alarming, powerful, haunting work.

John Foote, a local resident. a world renowned author and film critic will be contributing a monthly article on films to the Rail. We thank John for helping bring film news to our readers.

## PAT PATTERSON CELEBRATES TURNING 90



On Saturday September 6th family and friends joined Pat at the Havelock Legion to celebrate this great milestone. A pretty young looking 90.

Pat loves to tell anyone that will listen about his parents, family, history of the family, history of HBM, etc. He is a wealth of information.

Here is a bit of history that he decided to pass along.

Duncan Otto Patterson, his father was known as the town baker.

His father was born July 20th, 1896 in Dummer, Ontario. He enlisted on May 30th, 1916 at the age of 19 and served as a private in the 228th (Northern Fusiliers) Battalion, CEF which was a unit in the Canadian Expeditionary Force during First World War.

His dad served for 3 years and was discharged on June 29th, 1919. Upon his return he started dating Mina Pearl Sexsmith. They married on September 29th, 1920 and lived in Havelock for 45 years. Ottie and his wife Pearl along with her sister Maude opened a bakeshop where the Penecostal Church is now. It burnt down some six years later and he started a temporary shop baking out of the Sexsmith house on George St. He later went on to work at Scott's Bakery.

That was a bit of history on his Mom and Dad. Now for a bit of colorful local history.

Many years ago the Bannon family had a gas station where the Woody Burger is today. The gas pumps were the continuous flow with glass containers on the top. Gas was pumped up to the container with a 38" lever at the bottom. When Pat was 10 years old and his dad needed gas it was Pat's job to fill the bottle.

Mrs. Bannon kept her money in a leather pouch down the front of her blouse. One day Pat asked her why? Her response "they are the only true suckers she could trust". The Bannon family was dedicated to our town.

Happy birthday Pat and keep the history alive.



## FIND THE PUMPKINS:

Find the five pumpkins in the ads of our supportive advertisers and send your answers to ottleydeb@gmail.com to win a \$20 gift certificate donated by the Cottage.



The winner of the \$20 Tim Hortons gift card donated by Pup's Tree Service was Donna Dummitt of Deer River.









137 County Rd 46 Havelock, ON KOL 1ZO

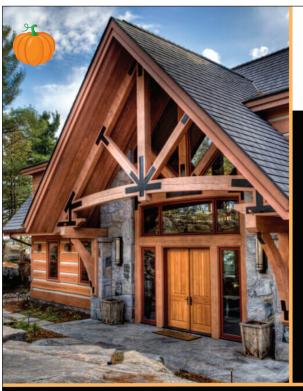
do anything

Phone: 705-778-3391

**Fax:** 705-778-3233

Web: www.timbermart.ca/

havelock





## Where Craftsmanship Meets Nature — and Dreams Take Shape

At Borrelli Crafters, we don't just build homes — we bring your vision to life with care, craftsmanship, and sustainability at the core.

Whether it's a lakeside retreat, a custom cottage, or a transformative renovation, we blend architectural precision with eco-conscious practices and timeless design.

Every space we craft is a reflection of our clients — intentional, artful, and built to stand the test of time.

Let's design your legacy, together.



Testimonial Highlight:
"The finishing touches they add transform their projects into
beautiful pieces of craftsmanship."

- Cherie, Home & Business Owner

Ready to start your project? Let's talk.
■ matt@borrellicrafters.com | ■ 705-441-6716
⊕ www.borrellicrafters.com

## SPEND SOME TIME WITH THE NORWOOD HORTICULTURAL SOCIETY

By Kathy Reid, Norwood and District Horticultural Society

With Autumn well underway and Winter on its heals, consider this your invitation to spend some time with the Norwood and District Horticultural Society. We meet on the second Tuesday of the month at the Royal Canadian Legion in Norwood. Guests are always welcome to attend!

A few highlights of past activities will give you a glimpse into what the Society does and how you can benefit as a member. Our September meeting featured a timely and informative demonstration by Jenny Gasparek (President) on how to divide perennials, including hostas, irises, peonies and grasses. We also hosted a horticulture and design show with members entering fall perennials, annuals, collections and potted plants as well as some lovely designs. Julie Hurtubise won Best in Show Horticulture for her rose floating in a bowl, and Linda Birch won Best in Show Design for her Tea for Breakfast tray!

handing out packets of seeds and will have an exhibit in the Homecraft Building.

Silvia Strobl will be our featured speaker at our meeting on Tuesday, October 14th and she will explain how to winter sow seeds for the following growing season. The doors will open at 6:30 p.m. and the meeting will begin at 7:00 p.m. If you have ever wondered about winter sowing, you won't want to miss Silvia's presentation!

Later in the month, we will be off to Fenelon Falls for the District 4 Fall Seminar. Members from the 17 societies within the district will review some necessary business and present awards, all of which will be followed by a special guest presentation by Frank Ferregine aka Frankie Flowers.

Keep in touch by following us on Facebook and we hope to see you at



## **BOB DYKEMAN**

By Sue Cushing

Our neighbour, Bob Dykeman, was a collector. As a child, Bob collected small toys. During his teen years he collected stamps and coins too. Bob was an avid hunter and fisherman so began lures and fishing memorabilia collections. As an adult he also collected snow mobiles. During a trip to the USA with his parents, Bob found a post card from Havelock Ontario at an outdoor sale. Thus began his Havelock post card collection. Bob loved hunting for old post cards from Havelock. Today I had the pleasure of flipping through Bob's post card collection and was awestruck! An amazing glimpse of Havelock history dating back to 1908. The cards are all organized in a binder, protected in plastic sheathes, and labelled. Bob was meticulous. Bob's family has decided to donate the collection to Havelock soon. I hope you will have an opportunity to see it.







## LIBRARY NEWS By Nancy Law, Havelock-Belmont-Methuen Public Library

Fall is in the air and The HBM Twisted Stitchers are starting early this year with a Fall/Christmas Vendor Sale at the Havelock Seniors (located at 10 George St Havelock) on Saturday October25th from 10am-3pm. There will be numerous vendors from in and around Havelock who will also be there. Please stop by the Twisted Stitchers table as these wonderful and creative knitters and crocheters, who meet monthly with support from the libraries, will have fall and Christmas items for sale. The money raised by the Twisted Stitchers will be donated to the food bank, which they have supported every sale that they have had.

For your reading pleasure we have the latest Lisa Gardner "Kiss Her Goodbye", Lisa Jewell "Don't Let Him In". Karin Slaughter "We Are All Guilty Here", and Stuart MacBride's Logan McRae series "This House of Burning Bones".

As always, please check out our webpage at www.hbmlibrary.on.ca to find out more information on our programs, data bases and upcoming events or the Havelock and Cordova Public Libraries Facebook page.

## ENVIRONMENTAL TIP OF THE MONTH

By Larraine Roulston

**WASTE REDUCTION MONTH:** During October, the Circular Innovation Council educates people to focus on eliminating the major waste stream and to aim towards a more circular economy. Regarding textiles, by only washing when necessary, air-drying, and spot-washing to extend time between washes, we can decrease the wear and tear on our clothing and reduce the amount of microfibres entering our waterways.



SIDING • WINDOWS • DOORS • EAVESTROUGH • STEEL ROOFING • ADDITIONS • DECKS • FENCES

705-778-3247 833-778-3242

## **NORTHERNEXPOSURELTD.COM**





## **SPORTS**

## HAVELOCK HAWKS HEADLINER

As this edition goes to print, Havelock Minor Hockey (HMH) teams have already hit the ice!

We're thrilled to welcome back all returning players and families, and extend a warm greeting to those joining us for the first time. This season marks a major milestone for HMH, as we've had the highest registration number in years, allowing us to ice teams at nearly every age group from U5 up to U18.

Along with this growth, come some exciting renovations to the Havelock-Belmont-Methuen (HBM) Community Centre. We're incredibly grateful to the HBM Township staff and dedicated construction crews who've worked hard to ensure we can continue to use the arena as upgrades are being made.

**COMMUNITY SPONSOR SPOTLIGHT:** We'd like to shine a light on the Belmont Lake Invitational Golf Tournament, a fundraiser that supports Havelock Minor Hockey, as well as other affordable sports opportunities and school lunch programs in Havelock. This event is held annually on the first Saturday of September and brings the community together for a day of fun, fundraising, community spirit and a potluck celebration to cap it off. Spearheaded by Bob Prins, the tournament is powered by volunteers who donate prizes, time and funds to support children in the community. Thanks to everyone involved in the tournament and your continued generosity and commitment to Havelock Minor Hockey.

## A SHARED THANKSGIVING

By Kathy Clement & Barb Haybarger

Shared Info: I volunteer most Friday's at our local farmers market on Hwy 7. My job is to be the meet and greet person and to share copies of The Rail. I love talking to people and I met this super nice person and in our conversation, she said that she is from Pittsburgh. Pete and I met a great couple 41 years ago on a fly in fishing trip in Northern Ontario. To this day we are still great friends and know each others families so well. It turns out Barb doesn't live very far from our friends. Then being the cook I am we discussed butter tarts, tea biscuits and then we moved on to holiday food. Here is Barb's story. (Just a footnote. I told Barb we would never have marshmallows on top of our sweet potatoes....lol)

**Barb's Story:** I was born and raised in the outskirts of Pittsburgh, PA but my heart is always in Havelock. My family moved to the Havelock area in the late 1800's. My great-great grandfather bought the property we currently own in 1927 and it has been passed through the generations since. I've been coming to the cottage for 50 years and now that I am a middle school teacher, I can spend my summers here to enjoy the calm and beauty. There is still a lot of family in the area and we enjoy our visits with them each year.

My family and friends have been celebrating Canadian Thanksgiving with me since 1997. I was student teaching far from home and was looking for a reason for company. I looked on the calendar and it was the second weekend in October and thus I decided to host my 1st turkey dinner. My party of 6 sat on the floor around a coffee table as we toasted our friends in the North.

My dinner parties are now hosted the Sunday before Canadian Thanksgiving in the basement of my house. We have had as many as 30 people crammed into the space to enjoy the feast. One year we even had visitors from Vancouver join us. A center piece from a dearly departed Canadian neighbor still adorns the center of the table. Two turkeys, mashed potatoes, veggies, cranberry sauce, dinner rolls and sweet potato casserole are the mainstays. Dessert is 2 kinds of pie including apple pie, pumpkin pie and a pumpkin roll. The apple pies are made with apples brought home from Brighton at the end of September. There are never many leftovers to deal with.

Celebrating Canadian Thanksgiving allows me to enjoy and be thankful for family and friends twice over a turkey dinner. I hope that some year I will be able to join my Canadian family and friends around their tables.



## **Royal Canadian Legion**

Havelock Belmont Br 389 8 Ottawa St E. Havelock

FOR RENTAL CALL MICHELLE 705 778 3728 OR 416 605 5822

Email: rclegionbr389@gmail.com

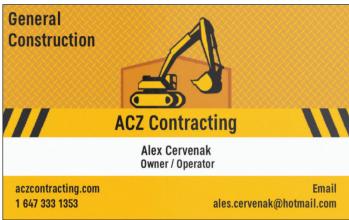


**CARQUEST CANADA LTD.** 

**Your Local Automotive Parts and Accessories Store** 

114 Concession Street North, Havelock, Ontario K0L 1Z0 Tel: 705-778-3306 Fax: 705-778-5261 Email: 1685str@stores.carquest.com









6289 Hwy 7 Havelock, ON 705-977-5897

> <u>Open</u> v-Fridav 9:00am

Monday-Friday 9:00am-5:00pm Saturday 9:00am-12:00pm

We offer... sharpening services, small engine repairs (lawn and garden service on all makes and models), custom fabrication (welding), antique lawn tractor restoration, a variety of products available in stock.

We have a variety of AMSOIL products in stock.



## Heating & Cooling

705-778-7877

info@keneticenergy.ca

Sales • Service • Installation
All Makes • Gas • Propane • Oil • Electric





## **RECIPE**

#### SWEET POTATO CASSEROLE

By Kathy Clement

#### Ingredients:

- 5 sweet potatoes, peeled and sliced (or 3 cans drained)
- ½ cup packed brown sugar
- 1/4 cup butter or margarine
- 3 tablespoons orange juice
- 1 pinch ground cinnamon
- 1 package miniature marshmallows



Preheat the oven to 350 degrees F (175 degrees C).

Boil sweet potatoes and cook until tender then mash them.

Place potatoes in a large bowl and add brown sugar, butter, orange juice, and cinnamon; mix until blended

Spread into a baking dish. Sprinkle marshmallows over top.

Bake in the preheated oven until casserole is heated through and marshmallows are puffed and golden brown, 25 to 30 minutes.

Serve and enjoy!

For added variation, you can add marshmallows to the mix then add pecans to the top.

#### **COLOURING CONTEST**

Children age 2-6 and 7-12 are welcomed to enter. Colouring pages and deadlines can be found at the Havelock Rail Colouring Contest Page on Facebook. Winners will be posted in the Havelock Rail. We have decided to limit to 6 contests per year.

THESE HOLIDAYS: EASTER, MOTHER'S DAY, FATHER'S DAY, HALLOWEEN, CHRISTMAS, AND VALENTINE'S DAY.



## HAVELOCK FARMER AND ARTISAN MARKET

The Farmers Market is open Fridays from 1 - 6 pm with food available at 11am. The Market always needs volunteers to help with online presence and at the Market. Contact the Market Manager at the Market if you are interested.

705 778 3370.

## BELMONT-METHUEN AND HAVELOCK HISTORICAL SOCIETY

We wish our friends in the Havelock community a very happy Thanksgiving. Some may find it more difficult this year to set out the special treats we all enjoy for our holiday dinners. Perhaps we should think back 100 years and recall that our great-grandparents were setting their tables with much less in those difficult times preceding the Great Depression. Canadians have much to be thankful for today.

Our Historical Society is thankful for our wonderful volunteers and for the generous community members who share their histories with us. Our official museum opening is still a ways away, however, you are invited to a "preview" on Sept. 24th between 10am and 2 pm. We are a work in progress and



there is a ceiling repair project ongoing as well. But please stop by to meet us and see what we are working on at the moment. Look for notices around town.

## **COUNCIL MEETING HIGHLIGHTS**

#### **REGULAR COUNCIL MEETING SUMMARY - TUESDAY, SEPTEMBER 2, 2025**

- Staff were asked to bring a report to a future council meeting to update the 2027 HBM Public Input Budget Survey questionnaire and discuss a public meeting for budget input.
- Council approved the continuation of employee benefit services by Manulife Life Insurance Company and AIG Insurance, through Mosey and Mosey.
- Council approved Private Road Grant Programs for FR 85 and FR75.
- · Council approved the updated Noise By-law.
- Deputy Mayor Webb provided an update of County Council indicating that the Fees By law for the Planning Department was updated.
- The Fire Chief will present a report at the October 7, 2025 council meeting regarding Fire Bans and Fire Rating signs.
- Deputy Mayor Webb indicated that the Mathison Property and Parks Committee discussed the idea of creating a community garden.

**THANK YOU:** Many thanks to my awesome family over the years, for their love and support.

For my recent birthday celebration, my siblings, friends in the Smith Dr. building, friends in the community, for food fellowship and fun. God is Good!. Many, many thanks from me to you!

Doris Embleton



# Need help finding services?



## Get information on services and programs:

- Healthcare services
- Mental health services
- **Addiction services**
- Developmental services
- Employment
- Housing
- Income
- Services for Seniors and more.

Peterborough County Hubs can help connect you to the services you need.

## Free Drop-in



#### Visit your local County Hub

Community Care - Havelock 17 Smith Drive, Havelock Wednesdays | 9 am - 3:30 pm



#### Need help now?

Local Services Helpline Mental Health Helpline Social Services

Dial 211 Dial 988 855-738-3755









#### Please note this was sent to publication as of September 19th, 2025

#### **OFFICE CLOSURE:**

The Township Office will be closed on Monday, October 13, 2025 in observance of Thanksgiving Day 2025. We hope you have a safe and happy Thanksgiving weekend with friends and family!

#### **COUNCIL MEETING SCHEDULE:**

Please note all meetings are hybrid, which means they are open to the public within Council Chamber and virtually via zoom. All regular meetings will begin at 9:30am.

- Tuesday, October 7, 2025 Regular Council Meeting
- Tuesday, October 21, 2025 Regular Council Meeting

Meeting dates are subject to change, please visit the Township website https://events.hbmtwp.ca/council for more information.

#### **COMING EVENTS:**

- 4th Annual Pumpkin Parade
  - Sat. Nov. 1st @ 5:30 7:30 pm (Mathison Conservation Area, behind HBM Community Centre)
  - Place carved pumpkins curbside and volunteers will pick up morning of Sat. Nov. 1st
- Pumpkin Carving Contest (photo-based)
  - Email a photo of your carved pumpkin to ottleydeb@gmail.com
  - CASH Prizes (1st, 2nd and 3rd) by age group awarded at Pumpkin Parade
  - Visit HBM Youth Committee Facebook page for more info.

#### **PUBLIC WORKS:**

#### NOTICE HYDRANT FLUSHING NOTICE

The Public Works department will be flushing hydrants as part of our maintenance program from Monday, October 20th to Friday, October 24th and from Monday October 27th to Friday, October 31st, 2025.

During this time village residents may experience discoloured water. If this occurs, it would be advisable to refrain from doing laundry or using hot water until it clears.

Your cooperation in this matter is greatly appreciated.

#### PARKS, RECREATION, & FACILITIES::

#### **Arena Advertising Opportunities**

Wall Board (4' x 7') \$124.30/year (HST Included)
On-Ice Board (36" x 94%") \$237.30/year (HST Included)
Sponsor Public Skating (1.5 Hours) \$195.00 (HST Included)
To book advertising, sponsor, or reserve ice time, contact jstorey@hbmtwp.ca or call 705-778-2891

#### 2025-26 Public Skating

Public skating is provided for FREE, and all are welcome. The public skating timeframes are:

Sundays from  $1:00-3:00 \, \text{pm}$  • Tuesdays from  $5:00-6:00 \, \text{pm}$  Skate Sharpening is available on site, \$5.00 per pair. Note: There will be a 10-minute flood within the scheduled timeframe. HBM Township strongly recommends skaters wear a CSA certified helmet, AND all children under the age of 12-years must be accompanied by an adult.

#### WINTER SEASON 2025 TO 2026 SNOW PLOWING QUOTATION - #PW-2025-04:

HBM Township is requesting snow plowing quotations for the area of work that includes;

One Mile of Road – Lot 29 Con. 3 & 4, Methuen Twp. (Clare Newham's Rd.), 250 Meters of Sandy Lake Road (From County Road 46 to Fire Route #84), Parking Lot at County Road 46, and 96 Shady Lane – Jack Lake Transfer Station.

All quotations are to be submitted on forms available on the Township website (www.hbmtwp.ca) or at the Municipal Office. The sealed quotation should be plainly marked. Deadline Date: Wednesday, October 8, 2025, at 11:00 am (local time).

## **COMMUNITY CALENDAR OF EVENTS**

#### A List of Local Events in Your Community

#### **MONDAY**

Community Care: Seated Yoga every Monday at noon (17 Smith Dr.).

Community Care: Blood Pressure Clinic October 6 & 20 from 9:30-10:30am.

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Seniors: Shuffleboard at 1pm.

#### **TUESDAY**

**The Legion: Zumba** exercises for seniors, 9:30-10:30am.

**The Legion: Cardio & Weights** 10:45-11:45am (bring your own weights). **The Legion: Bingo** starts October 7th and every Tues after (starts at 6:30pm).

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Centre: Laugh N Learn Playgroup every Tuesday from 9:30-

11:30am. Snacks & coffee provided. **Havelock Seniors: Yoga Fit** at 11am.

**Havelock Seniors: Regular Euchre** from 7-9pm (bring a snack to share).

Havelock Seniors: Fraud Prevention October 14th at 9am. Free.

#### WEDNESDAY

The Legion: Line Dancing from 9:30-10:30am.

The Legion: Cardio & Weights from 10:45-11:30am (bring your own weights)

The Legion: Body Balance from 11:40am-12:15pm.

Havelock Centre: TOPS (Take off pounds sensibly) 6:30-8pm.

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Seniors: Mid-Weak Jammers at 1pm (October 8th at 2pm).

Havelock Seniors: Monthly Luncheon October 8th at 11am. \$10. Please call

705-778-2386 to sign up.

**Community Care: Luncheon** at the United Church October 1st.

#### **THURSDAY**

Havelock Seniors: Chair Yoga at 11am. \$2.

Havelock Seniors: Bid Euchre every Thursday at 1pm. (doors open at 12:30pm) \$5.

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Centre: Career Edge Hub from 9am-12pm, free drop in employment

counselling & services.

**Havelock Centre: Men's Night** at 7pm (discussion group with snacks).

The Legion: Opens at 1pm.

**The Legion: Ladies Dart League** starts October 16th (doors open at 1pm-darts

start at 1:30pm) every Thursday.

#### **FRIDAY**

The Legion: Mixed Fun Darts from 7-10pm. All welcome.

Cordova Community Centre: Yoga every Friday 10:30-11:30am. \$18. Please

contact 705-760-1296 for more information.

Havelock Centre: Open Mic Music Night 1st & 3rd Fridays at 6pm. Any questions

please call Rolf at 705-875-8018.

Havelock Centre: Second Harvest Food Program 2nd & 4th Friday from 10-11am.

Havelock Seniors: Cribbage at 1pm.

**Havelock Farmers Market:** every Friday from 1-6pm on Hwy 7 until October 10th.

(Food vendors open at 12pm for lunch).

**Havelock Seniors: Active Living Fair** October 24th from 12-4pm. Free.

**The Legion: Shuffleboard** doors open at 1pm starts at 1:30pm.

The Legion: Fun Mixed Darts from 7-10pm all welcome.

#### **SATURDAY**

Havelock Seniors: Bid Euchre Tournament October 4th, doors open at 11:30am

and food is available \$.

Havelock Seniors: Pie Social and Fashion Show Fundraiser October 18th at

11am. \$15 pp.

The Legion: opens at 1 pm. Meat Draw at 3pm (8 Ottawa St.). (for rentals contact

Michelle 416-605-5822 or 705-778-3728).

**The Legion: Open Cribbage Tournament** October 25th (doors open at 10am).

Havelock Seniors: HBM Twisted Stitchers Vendors Sale October 25th from

10am-3pm.

Cordova Rec Group: Kids Halloween Party October 25th from 11am-1pm. Free.

Cordova Rec Group: Adult Halloween Party \$10 each 8pm-1am CN: Nancy

613-472-2225.

#### **SUNDAY**

Havelock Stone Hall Sessions Concert Series: 4th Sunday of every

month at 2pm (Highway 7 and 6th Line.).

**Havelock Seniors: Monthly Breakfast** October 26th at 9am. \$10 pp (full breakfast).

Havelock Seniors: Bingo at 6pm, doors open at 4:30pm, light lunch available.

#### **SUNDAY - CHURCH SERVICES**

**St. Johns Anglican Church** 1st and 3rd Sunday Communion.

Havelock Fellowship Baptist Church 10:30am.

Havelock & Trent River United Church 10am.

Our Lady of Mount Carmel Catholic Church Mass at 9am.

Cordova United Church 9:30am every Sunday.

Knox Presbyterian Church 11am-12pm.