





MEDIA RELEASE

Up to \$65,000 annual funding for a Seniors Active Living Centre (SALC) in Havelock!

Havelock, ON (March 14, 2024) – On Thursday, the Honourable Raymond Cho, Minister for Seniors and Accessibility, Member of Provincial Parliament Dave Smith, Peterborough-Kawartha, Peterborough County Warden, Bonnie Clark, Havelock-Belmont-Methuen Township Mayor Jim Martin, Township representatives, and Havelock Seniors Club members celebrated the Havelock Seniors Club having been approved for up to \$65,000 in annual funding through the Seniors Activity Living Centre (SALC) program.

The <u>Seniors Active Living Centres (SALC) Program</u> promotes active and healthy living, social engagement and learning for older adults and seniors by providing them with activities and services. SALC programs help build healthier and safer communities and address the long-term growth and needs of an aging population.

"Community connection is critical for the health and well-being of seniors in our communities. Our government proudly supports the new Havelock Seniors Active Living Centre program which will provide valuable programming to keep seniors in the community connected, healthy and engaged."

- The Honourable Raymond Cho, Minister for Seniors and Accessibility

"This funding that the Havelock Seniors Centre will be receiving through the SALC program will enable seniors to enjoy activities with their friends that will help reduce social isolation and provide them with the means to stay active and engaged." MPP Smith added.

- Dave Smith, Member of Provincial Parliament, Peterborough - Kawartha

"Congratulations to the Havelock Seniors Club for being chosen to become a Seniors Active Living Centre! The Club has a long history of providing high quality programming for seniors in Havelock and the surrounding areas. Thank you to the club volunteers for their dedication and passion for their fellow citizens. I also want to thank the Ministry for Seniors and Accessibility for recognizing the need to support seniors and expanding the SALC program to include new communities, especially those in rural areas."

- Bonnie Clark, Warden of County of Peterborough

"This is great news and a very big deal for Havelock-Belmont-Methuen seniors! The Senior Active Living Centre funding provided to the Havelock Seniors Club will help to better connect seniors with programs and services in underserved areas within HBM township through community partners like the Havelock Center, Cordova Mines Recreation Association, and Havelock Royal Canadian Legion Branch 389, to name just a few."

- Jim Martin, Mayor of Township of Havelock-Belmont-Methuen

"The Havelock Seniors Club is excited to become one of the new Seniors Active Living Centres. Thank you to the Ministry for Seniors and Accessibility for choosing us. We could not have come as far as we have without the hard work and dedication of the Club's many volunteers, both past and present. What an amazing opportunity for our Club! This funding will allow us to grow our programs and reach into our more rural communities with accessible services. We are thrilled to be the hub for senior's programs and to partner with other organizations throughout Havelock-Belmont-Methuen. We invite you to visit us!"

- Mary Pequegnat, President of Havelock Seniors Club

Seniors Active Living Centre programs offer social, cultural, learning, and recreational programs for seniors. By promoting wellness, social connections, and education these programs can help reduce social isolation and encourage seniors to stay active, independent, and engaged. There are approximately 316 programs across the province. Each Centre provides different programs to meet the unique needs of the residents.

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